



PAEDIATRIC FIRST AID (PFA)



The First Aid needs of children vary from those of adults. This course is for anyone over the age of 16 that comes into contact with or works with infants and children. This comprehensive course equips the first aider to administer First Aid to children and infants and covers a wide range of CPR and First Aid skills. On completion, candidates will obtain an IQL Level 3 Emergency Paediatric First Aid. The Paediatric First Aid is endorsed by CIMSPA and is in line with the First Aid Awarding Organisation Forum.

WHO IS THIS COURSE FOR?

The PFA course is recommendation for everyone but especially; those who come into contact with or work with infants and children and parents and families with young children.

Candidates must be a minimum of 16 years of age at the time of taking the assessment. No prior first aid knowledge is required.

WHAT DOES IT INVOLVE?

The PFA course is 12 hours and can be delivered in two days or split into smaller sessions over a 7 week period from the start of the course.

The course content includes;

- Understanding the role of the paediatric first aider
- How to assess an emergency situation and act safely and effectively
- Providing first aid to an infant and a child who is;
 - unresponsive and not breathing normally
 - unresponsive and breathing normally
 - wounded and bleeding
 - suffering from shock
 - has a foreign body airway obstruction
 - has a suspected fracture and a dislocation
 - has a chronic medical condition or sudden illness and more...

The course comprises practical work and theoretical classroom work, as well as a practical assessment on CPR and first aid.

NEXT STEPS...

Upon qualifying, the PFA certificate is valid for three years. To renew candidates must re-sit the course again.

The next step is to complete other first aid courses including, First Aid at Work (FAW), Automated External Defibrillator (AED) Programme, Anaphylaxis Management, or become a First Aid Trainer.

For more information, visit www.rlss.org.uk/become-a-first-aider.

HOW MUCH DOES IT COST?

The PFA course will usually cost between £60 and £120 depending on the venue and location.

To find a local PFA course, please visit www.rlss.org.uk/find-a-course or get in contact at info@rlss.org.uk / 0300 323 0096

FOR MORE INFORMATION OR TO BOOK, VISIT WWW.RLSS.ORG.UK.