

JOIN US in this serene and tranquil environment outside Lake Geneva, as we support you to replenish, discover and ignite your soul's wisdom.



It will all take place at The Manor Lake Geneva (Bed & Breakfast) in Walworth, WI from Friday, April 12th 6:30 pm until Sunday, April 14th at Noon.

This retreat includes hope, laughter, creativity, passion, and heart connection!

We are faced with so many things that draw us away from the most simple, deeply nourishing and fulfilling moments. We are “crazy blessed” in this life, but sometimes, we just can’t see or feel it. The voices of “we are not enough”...”do this”...”you need this” take over. What if we came back to the simple moments, realizing just how “crazy blessed” we are? What if we already have what we need to flourish, create balance and ride the wave of life? Little secret...we DO! And we will spend the weekend discovering what that is for each of us.



Bask in the energy of like-minded women

That is why we have limited this retreat to a small intimate number of women in order to assure a powerful experience. Our intention is to provide solutions based on your specific challenges and in this small environment, your voice will be heard.



Reflect, create, connect, and recharge

The retreat blends personal reflection, guided meditations, meaningful activities, thought-provoking discussions, 1-on-1 coaching, tools for change, and creative expression into one powerful experience that will leave you feeling empowered, energized, and ready to move forward. What a wonderful gift to give yourself!

Discover a safe space to explore, understand, and grow

Connect to your intuition, reclaim your soul's voice, feel empowered in your unique self-expression, and explore the wisdom of your heart. Being away from your busy life while connecting to nature's beauty and surrounded by like-hearted women can deeply shift your perspective and create new inspiration.



Connections are created

Friendships and relationships emerge, and perspectives understood as women return and find their way. Support, encouragement and acknowledgment result from our respect for one another's process.



Treat yourself to:

- Warm inviting stay at a beautiful bed and breakfast
- Instructional sessions with reflection time
- Journal and supportive materials
- Group and 1:1 coaching
- 1:1 Angel Card reading
- Daily group meditations and yoga
- Personal free time for rest and renewal
- Creative expression opportunities
- Healthy nourishment and refreshments

What you will walk away with on Sunday:

- Your personal empowerment steps workbook, full of reflection, ah-has, and tools
- Plan of action for releasing what is holding you back
- Focus on what your purpose is, what you want, and belief in how you get it
- Awareness of your unique patterns & coping skills
- A personal vision plan that honors and celebrates your wholehearted courageous self

About Your Weekend Retreat Facilitators

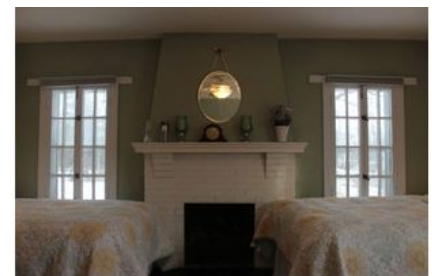
[Cheri](#), [Karen](#), [Sharon](#), and [Sheryl](#) are four life coaches who came together in 2016, and realized that their goals and dreams were truly coming alive simply because they came together to set their intentions, claim them out loud, take action steps and honor one another's desires. They offered inspirational experiences to their clients on their own, but came together in 2018 to deliver three unique Sunday afternoon experiences for their very own "Own Your '18" community. In 2019, they decided to step it up by offering a weekend retreat creating a nurturing environment to help others set intentions, claim them out loud, take actions steps, and honor each other's desires as well!



About Your Bed & Breakfast

The Manor is a beautifully maintained 100+-year-old home located in the quaint village of Walworth, Wisconsin. It is just a block off the historic town square within walking distance to shopping, casual dining and antiquing. Within a few miles in any direction we are surrounded by panoramic vistas of beautiful Wisconsin countryside and Lake Geneva.

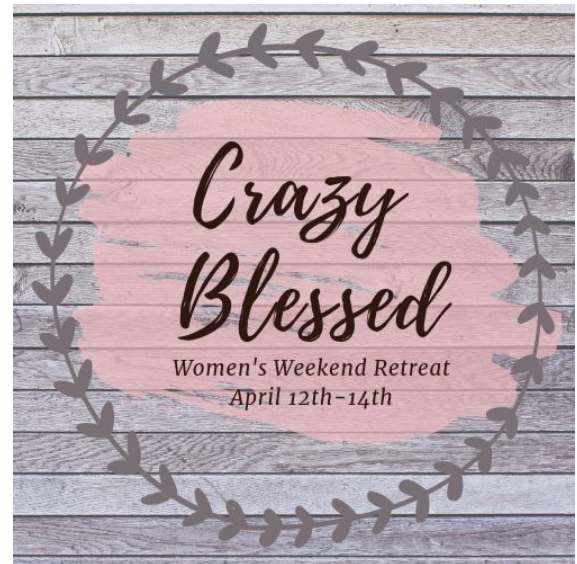
- 15 min drive to downtown Lake Geneva
- 5 minutes to Williams Bay
- Outside fireplace, patio and grill
- Soda fountain, ice maker, tea, coffee, cappuccino and hot chocolate
- Complimentary Wi-Fi
- Crafting room dedicated to releasing your creative expression
- Essential oil diffuser in every room
- Full size, pillow top beds along with down comforters each
- 5 bedrooms, 13 full size beds



Reserve your spot today!

Your Crazy Blessed Weekend Includes:

- 2 nights accommodations in a full-size cozy bed in a tranquil bedroom (2-3 beds per room)
- 5 meals Friday night - Sunday morning
- Complimentary WiFi
- Support of 4 life coaches and 11 other amazing women (!)
- Instructional sessions with reflection time and 1:1 coaching
- Journal and supportive materials
- Group coaching sessions
- Daily group meditations and yoga
- Personal free time for rest and renewal
- Creative expression materials & supplies



Check-in: Friday, April 12: 5-6:30 pm

Check-Out: Sunday, April 14: Noon-1 pm

Call or email Cheri or Sheryl to register:

Cheri - 847-275-0770; cherilneal@gmail.com

Sheryl - 847-399-7775; magierasheryl@gmail.com

There is an *Early Bird Discount*:

This retreat is limited to 12 beautiful souls making it an intimate and personal experience. **Save \$100** when you register **by March 3, 2019**. If we fill all spots, we will put your name on a waiting list (honoring Early Bird Discount if you register by March 3rd) in case of a cancellation.

Payment Options:

- **Pay in Full**
 - **Register by March 3, 2019:** **\$450** (Early Bird Discount)
 - **Register on March 4 or after:** **\$550** (Standard Retreat Rate)
- **Partial Payment**
 - **\$250** due at time of registration
 - **Remaining (+\$25 fee for partial)** due by March 22, 2019
- **Accept check or credit cards**

Cancellation Policy:

- 100% before March 12, 2019
- 50% March 13, 2019 or after; unless the seat is filled, then 100%