



TRAVEL GUIDE let's explore! This travel guide was created with the support of members of the international Exact Systems team.

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Thank you!

Travel Guide

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Last 15 years in Exact Systems is a time of continuous development! New countries, new continents, great new team members and countless travel and learning opportunities. Travels educate and help us broaden our horizons, teach openness, tolerance and curiosity. While on the road we grow and start to look at everyday life from a completely different perspective.

This unrestrained curiosity of the world connects all members of the Exact Systems team. We love traveling: visit museums, castles, historic sites, taste the local cuisine. Learn stories of places and people who live there. We love planning our trips: search, find out more! It does not matter if we are going to the vibrant city of Shanghai or to the located on the borders of three European countries town of Sittard - every place is a chance for a new adventure!

Today we want to take you on an extraordinary journey: we invite you to visit especially important places to us: Budapest, Bucharest, Częstochowa, Genk, Görlitz, Izmir, Moscow, O Porriño, Ostrava, Quinta do Anjo, Sittard, Shanghai, Telford, Žilina. In these charming cities, Exact Systems has established our offices. Together we will visit the monuments, attractions and discover places that you will not find in many guidebooks, but are definitely worth knowing! We will recommend to you tasty local restaurants, cosy accommodation spots and share the tips that will make your experience unique! Moreover, there are checklists (we deal with quality control every day!), which will help you to spend your time creatively!

We hope that the guide you are holding in your hands will bring you great emotions and unforgettable adventures.

Bon voyage!



Genk

Genk was granted a town charter in 2000 thus becoming the youngest Belgian town. It is one of the most important industrial cities in Flanders, located on the Albert Canal, between Antwerp and Liège. A great advantage of Genk constitutes its various, multi-ethnic immigrant population, who sharing their creativity and energy create a vibrant city life. In 1901, huge hard coal beds were discovered in Genk, which attracted many workers, both local and immigrants. It developed a society, which is a mosaic of the different cultures and nationalities!



Bokrijk

Do you fancy magical time travel? The greatest tourist attraction of Genk is Bokrijk - an open-air museum consisting of authentic buildings (mainly dating from 17th till 19th century) relocated from all over Flanders and representing the history of rural life in Belgium. Here, in an area of 60ha not only the buildings were reconstructed, but also entire villages! The creation of the open-air museum began in 1953 and in less than five years it was made available for the visitors. It occupies an area of 550ha, including the neighbouring forests, gardens, farms and ponds. We may admire more than 100 houses, a church and a windmill in Bokrijk. There are the buildings from Eastern and Western Flanders, from the Campine, Brabant and Limburg regions. While sightseeing you may meet actors who play the roles of the farmers, gardeners, women weaving baskets out of wicker, as well as bakers. In one of the buildings you may purchase bread made in the area of the open-air museum. A few years age a new attraction was added, namely a small town from the 1960s! Prior to passing through a gate, an employee of the open-air museum gives you a passport – you have just received a new identity, now you are a character from the 1960s and in this new incarnation you will get to know the turbulent sixties. www.bokrijk.be

C-Mine

Is a centre for innovation and design created in the area of the old coal mine of Winterslag. It is a wonderful combination of the most modern architecture and industrial inheritance! It is worth seeing the impressive domes and an old power house. It is an inspiring place for meetings of entrepreneurs, artists, students and culture lovers. It is necessary to go for an interactive sightseeing tour: in the underground areas of the mining site you will get to know what life and work looked like in the past. This trip is full of adventures which will enable you to discover the C-Mine with all your senses! www.c-mine.be

Museum Emile Van Doren

Emile Van Doren was one of the artists, who came to Gent in the 19th century in order to immortalise the moorland and the Kempen pine forest. But Emilie was the only one who decided to stay and the city returned a favour to him giving his name to the municipal museum. The museum is in the house, in which the artist lived. A collection focuses on artworks presenting a landscape of Genk and its vicinity. There we can find temporary exhibitions of contemporary artists.

www.emilevandorenmuseum.be

Cosmodrom

In the Cosmodrom you will become a participant of the spectacle of space. Fell the buzzing planets and see flaming stars! While transforming into the role of a cosmonaut you will visit a space station, you will be travelling between the stars into the past, present and future. You will also have an opportunity to take a closer look at the sky by means of a telescope with a length of three meters. It is an impressive experience regardless if you are 5, 55 or 105 years old!

www.kattevennen.be

Alden Biesen Castle

Alden Biesen is a magnificent Renaissance building, surrounded by beautiful gardens. The castle was erected in a place of a former Medieval Teutonic stronghold and was owned by the Teutonic Knights until the beginning of the 19th century. While sightseeing, you will get to know everything about the Teutonic Knights, its knights and the castle complex. You will visit a church, courts and a few rooms of the current conference centre. A restored apartment of the Grand Master makes a great impression too! Alden Biesen is also a mandatory site for the nature lovers: the narrow paths, orchards, perfectly cut hedges, marshlands, forests and hills. Here nature is simply breath-taking!

Thor Park

The Thor Park - technological and industrial park was created in the former Waterschei mining site. The motto of this place is to "bring out energy for future". Here, entrepreneurs, investors, inventors, start-ups combine their forces to create sustainable, innovative solutions for the economy and business.

It is worth dropping in not only because of the beautiful architecture, but also in order to spend some time exploring the green areas around the complex!

www.thorpark.be

Green areas / Center

Despite its industrial origin, Genk not without reason is called the "Green Town". The green areas, parks and nature reserves can be seen there at almost every turn! The sunny cafes, vibrant streets, climatic shopping malls, every week a market on Tuesday ... the city of Genk pulsates with energy. An interesting way of sightseeing is the City Golf – you choose a route, take the golf clubs and you set out to meet knowledge and adventure! In the city centre pay attention to the architecture of the modern public library, it is astonishing! www.city-golf.be

Hoge Kempen National Park

The Nature lovers should go to the Hoge Kempen National Park. You may admire the beauty of the surrounding nature while walking along its trails: more than 5,700 ha of forests and moorlands is at the disposal of walkers, cyclists and horse riders. www.nationaalparkhogekempen.be

Dendrological Garden

In Bokrijk is a dendrological garden and arboretum. The specimens gathered here are arranged into groups with the similar habitat requirements. It is a perfect place to observe biological diversity at your fingertips and what is most important – it is free of charge! www.bokrijk.be

Zonnewijzerpark

The Zonnewijzerpark Park was opened in the Molenvijverpark Park in 2000. An impressive collection of twelve sun clocks, which includes the first digital sun clock in the world! There is an information sign at each exhibit and brochures are available from the distributor located in the car park and in the Tourist Information Office in the Town Hall. The project of the Flemish Sundial Society combines inventiveness, modern technology and artistic design and it is worth visiting the place on cloudy days too!

Europalaan 34, 3600 Genk

TIPS FROM LOCALS

3 drinking and eating tips

George and the Bear,

Vennestraat 353, Genk, +32 (0) 89 21 40 01

It is a café and a vinyl shop – two in one! Is there something more pleasant than a strong coffee accompanied by good music?

www.georgeandthebear.com

Restaurant.U,

Hoefstadstraat 23, Genk, +32 491 63 45 47

The ecological vegetables, local dairy products and meat produced according to animal friendly methods. Jo Lemmens, head chef serves the uncomplicated, full of flavour dishes while using only perfect quality ingredients.

www.restaurant-u.be

Wonderbar,

Winterslagstraat 41, Genk, +32 89 25 68 23

A cocktail bar in the centre, whose interior design and cocktails are inspired by "Alice's Adventures in Wonderland". Our favourite choice from its menu? Orange is the new green, that is Grand Marnier liquor with lime and basil!

www.facebook.com/wonderbargenk

3 accommodation tips

M Hotel

Albert Remansstraat 1 www.differenthotels.com

Hotel Stiemerheide

Wiemesmeerstraat 105 www.stiemerheide.be

Green Hotel

Europalaan 68 www.greenhotel.be

3 tips from locals



Are you looking for an idea to discover Limburg in an original manner? Rent a Vespa scooter and set out on one of the original routes prepared by the Vespadiscovery on www.vespadiscovery.com

Valentina



Geebelen is a favourite Patisserie of the inhabitants. Apart from a great choice of bread, you may have a seat there to drink a coffee and eat a piece of Limburgse vlaai, a flan with vanilla cream and hot raspberries.

Bruno



Many bars are open all night long, if the atmosphere requires it! It means that you may calmly sip your Belgian beer, without getting drunk quickly!

Niki



Bokrijk Windmill

Genk's Exact Systems Checklist:
Go for a guided trip around the Thor Park.
Find twelve little stone men in the park near to the Thor technological centre.
Go and see a match of the KRC Genk team.
Go for a trip around the C-Mine and experience augmented reality.
Prepare a picnic in the Hoge Kempen National Park.
Watch the stars in Kattevennen.
Try the local food in Vennestraat Street.
Go through a labyrinth in the C-Mine.
Discover the neighbourhood while riding a Vespa scooter.
Attend a horse-riding lesson.



0 Parade

EVENTS

Absolutely Free Festival

Absolutely Free Festival is a local music festival, which promotes activities for the benefit of sustainable development. Entry ticket? Three used batteries or a donation in the amount of 3EUR to the pro-ecological organisation. www.kissmyaff.be

O Parade

The O-Parade is a two-hour show including the street theatre acts, acrobat shows, magnificent costumes, singing, dancing and music. It is the town-fest held in May, which should not be missed!

Genk on Stage

Genk on Stage – a three-day festival held on nine stages with an eclectic line-up of world famous names.

www.genkonstage.be

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Goedemorgen/Goedemiddag/Goede avond
Good bye	Tot ziens!
Thank you	Bedankt!
Please	Aub!
Excuse me	Sorry!
Yes / No	Ja/Nee
How are you?	Hoe gaat het?
Where is?	Waar is?
How can I get to?	Hoe geraak ik bij?
Can you help me?	Kan u mij helpen?
Do you speak English?	Spreekt u Engels?
I am sorry, I do not understand	Sorry, ik versta u niet
How much is this?	Hoeveel kost dit?
Do you have available rooms?	Heeft u nog kamers vrij?
Is this table free?	Is deze tafel vrij?
I would like to order	Ik zou graagbestellen.
May I have the bill, please.	Mag ik de rekening aub?
The food was delicious	Het was voortreffelijk!
You look amazing	U ziet er fantastisch uit!
Nice to meet you	Aangename kennismaking!
My pleasure	Insgelijks!
It is going to be a good day	Het zal een fantastische dag worden!
I love you!	Ik hou van jou!
A pint of beer, please	Een pintje aub!



FUN FACTS

- 1. The Smerfs were created by the Belgian cartoonist, Peyo, in 1958.
- 2. The Belgians consider themselves as the inventors of the French fries.
- Belgium has the best chocolate in the world with a more than a 300-year tradition.
- When you exceed a speed limit of 30km/h in the built-up area in Belgium, you may lose your driver's licence.
- 5. Belgium is on the last stage of the podium, just after the Netherlands and Japan, in terms of the largest number of vehicles per square kilometre.
- 6. 11 citizens of Belgium were granted a Noble prize.
- 7. Sylvain Arend, a Belgian astronomer, on 3 February 1935 named one of the discovered planetoids Wawel, in honour of the Polish royal castle.
- 8. In Belgium, until 1977, a driver's licence could be legally purchased without passing any exams.
- 9. The Belgians invented and designed the 10 EUR banknote.
- 10. The longest tram line running from a border with France to the Dutch border is in Belgium (circa 68 km).



Bokrijk Arboretum

About Exact Systems Belgium

On the Belgian market, the company existed as CRS since 1994. At present, CRS has been transformed into Exact Systems. The company is based in Genk. Alexandre Plaisant is the General Manager.

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Shanghai

A city in Eastern China, at the mouth of the Yangtze River. Shanghai is full of superlatives. It is the most-populated city in China, the largest Chinese economic centre, has got the longest maglev railway line and the tallest skyscrapers in the world. This is a place with an interesting past and a promising future. The Chinese branch of Exact Systems is located here. A pearl of the Far East, a synonym of modern China, an absolutely unique place!



Bund (外滩)

The Bund, also known as Zhongshan Lu, is the heart of colonial Shanghai. It is a 1.5 km long promenade on the right bank of the Huangpu River. Its west side is full of banks, hotels and offices all built in a myriad of styles: baroque, renaissance, classicism and art deco. On the east side, we see the Bridge of Lovers - a flood bank from which you can view the panorama of the river. A walk here together with admiring the old buildings can easily take you a few pleasant hours! The Bund has two main shopping streets nearby: Nanjing Lu and Huaihai Lu. Nanjing Road is the most expensive shopping street in the city. You will find absolutely everything there!

Yu Yuan Garden (豫 园)

A garden full of rest and respite - dozens of pavilions, ponds, bridges, waterfalls, footbridges and stones reminiscent of mountain peaks, all very impressive! It is a great place to escape from the hustle and bustle of the city. Right next to the garden there is **Huxinging Teahouse**. This charming building on the water, built in 1784 by cotton traders, became a teahouse only at the end of the 19th century. Step in here for a cup of traditionally brewed black tea!

Old Town (上海老城厢)

The Old Town is of typical Chinese character. Although the **city walls** were pulled down at the beginning of the last century, you can still take a walk along the path that marks their circumference. You will find everything from bustling little shops and restaurants, to magnificent old architecture made of wood and bricks. The Old Town is also a place of worship with the God of the City Temple of Yu Yuan.

New Shanghai

In place of swamps and marshes, the "New Shanghai" was built from scratch, with some of the tallest buildings in Asia: The Pearl of the Orient with a characteristic pink dome in the middle, Jin Mao skyscraper, Shanghai Trade Centre and Shanghai Tower. The Pudong district is a threedimensional advertisement for the developing economy of Shanghai. Advertising as effective as it is beautiful!

Qibao (七宝镇)

Qibao is one of four neighbouring "cities on water." Located 18 kilometres from the centre, the city founded in the 10th century is full of houses built on stilts. The town is also called the city of the Seven Treasures. What kind of Treasures are they? Buddha, bell, lotus letters, holy trees, golden chicken, jade axe and jade chopsticks. The legend also mentions an eighth treasure, which was stolen.

SWFC (上海环球金融中心)

The observation deck is located on the 100th floor of the Shanghai World Financial Centre (SWFC). Here, from the perspective of clouds, we can admire the panorama of the city with countless skyscrapers, a network of highways and green squares. www.swfc-shanghai.com

City Planning Centre

Is a unique place that makes us feel the atmosphere of Shanghai, a place where we can learn about

its history, observe how it has changed over the years and learn about its future plans. This building, with beautiful photographs, interactive exhibitions and simulators, is an idea for several hours of entertainment for both young and old! www.supec.org

Shanghai Museum

(上海博物馆)

Museum with a collection of over 120,000 unique exhibits, documents nearly 5,000 years of China's history: from the Neolithic period in China to the time of the Qing Dynasty. It is a story of people's lives seen through porcelain, sculptures, paintings, calligraphy, furniture, jade and bronze. www.shanghaimuseum.net

Shanghai Ocean Aquarium

(上海海洋水族馆)

www.sh-aquarium.com

Ocean Aquarium is rated by enthusiasts as one of the best aquariums in the world! There are over 10,000 fish representing more than 300 species, as well as turtles and other sea creatures. Underwater tunnels let you view the marine world through the eyes of the animals living there. Take your time, the traffic is only one way!

Disneyland Disneyland with the largest, highest and most interactive Enchanted Castle, the longest route of the Disney parade and Tomorrowland - a part inspired by Star Wars. The park is divided into seven parts: Tomorrowland, Fantasyland, Treasure Cove, Adventure Isle and Gardens of Imagination, Mickey Avenue and Disneytown. At night you can marvel at the firework displays and it is the only place in Shanghai where you can see such an attraction.

www.shanghaidisneyresort.com



Shanghai is a mix of modernity and tradition



TIPS FROM LOCALS

3 drinking and eating tips

Tortuga Treats DisneyLand

Roasted turkey legs are a delicacy at one of the restaurants in the Disney theme park. It's a decent portion of juicy meat, so no matter how hungry you are, find a companion to share

Nanxiang Steamed Bun Shop

2/F, Huangpu Meishi, No.269 Wujiang Road

Nanxiang is the home of a traditional Chinese Xiaolongbao dish, i.e. pork ravioli in a broth. It is a great place to have a taste the local cuisine!

597 Vegetarian

Zhong Sheng Shi Jie Shopping Centre, 5001 Dushi Road

A unique place serving Chinese vegetarian dishes! Polite service and tasty food, we especially recommend the tofu and potato curry!

3 accomodation tips

The Langham Shanghai Xintiandi

Madang 99, Huangpu www.langhamhotels.com

Yun's Paradise

East FuXing 789, Huangpu www.yunsparadise.com

The St Regis Shanghai Jingan

West Beijing 1008, Jing'an, www.marriott.com/hotels/travel/shaxr -the-st-regis-shanghai-jingan



Jiaozi, Chinese dumplings



3 tips from locals



The metro is the best way to get around Shanghai. Taxis are convenient and cheap. Always carry a card with an address and a hotel name in Chinese, which will help the driver to take you to the right place. Best to avoid the buses: they are extremely crowded and slow due to heavy traffic, especially in the morning and evening rush hours.

Shiquan



Each foreigner must have a passport with a valid Chinese visa. It is necessary when checking in at your hotel, when buying tickets for all types of means of communication, as well as when entering the airport and exchanging money at the bank. Before going on a trip to China, make a photocopy of the first page of your passport and the page where the valid Chinese visa is and carry it with you in a safe place other than your passport.

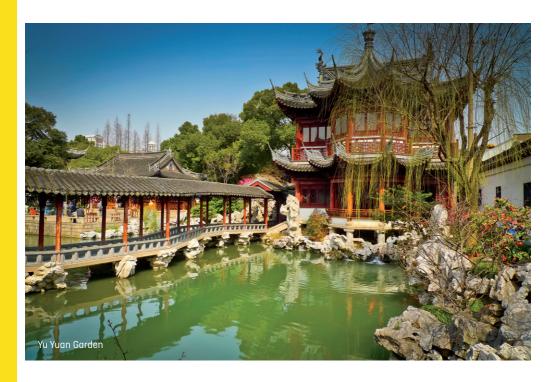
Yuhang



Shopping in China is a national way of spending free time. You are expected to haggle in small shops or markets. Some sales may seem attractive, but you should approach them with caution and only pay prices that seem reasonable to you. In large stores, prices are not negotiable, but you can ask for a discount.

Tingting

Shanghai's Exact Systems Checklist:
An evening walk down the Bund.
See the city skyline from the perspective of clouds.
Welcome the new day with Shanghai locals practicing Tai Chi on the Bund promenade.
Try steamed baozi rolls with hot soy milk.
Wander through the narrow streets of the former French District.
Meditate in the Temple of the Jade Buddha.
Visit one of the "floating cities".
Drink green tea in a traditional Chinese tea room.
Go to the party at M1nt Shanghai.
Enjoy the breeze during a cruise on the River Tianzifang.



EVENTS

International Art Festival in Shanghai

Organised since 1999, it said to be the most important festival in the country. Every year in October, Shanghai becomes a platform for the exchange of artistic experiences: dance and theatre shows, elements of experimental art and exhibitions of works of art from artists around the world.

www.artsbird.com

Yuyuan Lantern Festival

The Chinese Lantern Festival has a history of over two thousand years, and thanks to many activities it is considered one of the most colourful and entertaining Chinese holidays. Climatically decorated streets with lanterns of various shapes most often red in colour. Fancy dress parades, dances, shows and concerts. On this day, all Chinese eat rice balls with sweet sesame, bean, nut, rose or other stuffings. The atmosphere of the Lantern Festival is truly joyful.

Blooming Peach Festival

It falls at the turn of March and April and has been organized since 1991. Peach Garden Datuan, a village of the flourishing Nanhui peach and Binhai Gardens is a good place to admire these exceptionally beautiful trees and in the Shanghai Taoyuan area you can listen to folk music and witness many art performances. Visitors can learn to fish from a boat or cultivate fields. The place is also famous for its pig races.

USEFUL PHRASES

Good morning	您好 / Nín hǎo.
Good bye	再见 / Zàijiàn
Thank you	谢谢 / Xièxiè
Please	请 / Qǐng
Excuse me	抱歉 / Bàoqiàn
Yes / No	是 / 不是 Shì / Bushi
Excuse me, could you please speak slowly?	请慢一点 / Qǐng màn yīdiǎn
What's your name, Sir/Madame?	请问,您叫什么名字? Qǐngwèn, nín jiào shénme míngzì?
How can I get to?	到。。。怎么去 / Dào zěnme qù?
Could you help me?	可以帮助我? / Kěyǐ bāngzhù wǒ?
Do you speak English?	你会说英语吗? / Nǐ huì shuō yīngyǔ ma?
I do not understand.	我不明白 / Wǒ bù míngbái
How much is?	。。。多少钱? / duōshǎo qián?
Do you have available rooms?	有没有空的房间? Yǒu méiyǒu kòng de fángjiān?
Hello, can I have a menu please?	您好,我可以看菜单吗? Nín hǎo, wǒ kěyǐ kàn càidān ma?
I'd like to get/I do not want it.	我要喝。。。/不要 Wǒ yào hē / Bùyào
May I have the bill, please.	结账 / Jiézhàng
Can I have?	可以给我。。。吗? / Kěyǐ gěi wǒ ma?
My pleasure	我很荣幸! Wǒ hěn róngxìng!
Nice to meet you	很高兴见到你! Hěn gāoxìng jiàn dào nǐ!



Panoramic views of New Shanghai and Oriental Pearl Tower

FUN FACTS

- 1. The most important holiday in China is the Chinese New Year or the Lunar New Year. The Chinese believe that every person becomes one year older after New Year's Day, so this day is a "birthday" for everyone.
- Over 60 million Chinese have a blog.
- 3. In Beijing in 2010, a gigantic traffic jam formed with a length of about 95 km. Cars got stuck in it for 11 days. It was caused by ... road works!
- 4. The Chinese practically don't eat chocolate.
- 5. After the earthquake in 2015 in Nepal, the height of Mount Everest decreased by 2.5 cm.
- 6. 20% of new Chinese buses are electric.
- 7. Husbands waiting for their wives shopping at shopping centres, can go to one of the special zones with video games.
- 8. Sunglasses were invented in China in the twelfth century.
- 9. It was not until the end of the 1970s that foreign tourists began to visit China.
- 10. In China, you can still see a Polish "maluch" a Fiat 126p. In the early 1980s, it was one of the first and a very popular imported car.



A sculpture in Yu Yuan Garden

About Exact Systems China

Exact Systems China Limited has been operating on the Chinese market since 2016. Kun Nie is the General Manager.

Exact Systems China Limited

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Ostrava

Ostrava! The Czech branch of Exact Systems is located in this industrial city located at the border of Cieszyn Silesia, Opava Silesia and Moravia, right at the northern entrance to the Moravian Gate! Ostrava gained in importance because of its coal seams which made it a significant industrial centre. Once known as the "Steel Heart" of the country, from the times of the Velvet Revolution it has been changing its industrial character investing in municipal attractions and the renovation of historic premises.



Vitkowice

www.dolnivitkovice.cz

Historical district was entered on European Cultural Heritage list. The atmosphere of unique post-industrial area is unbelievable! In the past, six huge furnaces operated here, coal was mined, coke and iron were made. Today, in this "steel city" there are tourists walking around: they look inside the furnaces learning the process of pig iron smelting, admire the area from the lookout point located at the top of one of huge furnaces, listen to concerts in the auditorium located inside the gas tank from 1924 and get to know the technical world in science centres converted from post-smelting buildings.

Mining Museum

At the foot of Landek hill there is a Mining Museum where you can see exceptional exhibitions (including going down a mine) and take a walk on educational paths located in **Landek Park** nature reserve. The exhibition on mine rescue includes unique equipment collection and describes the development of this field from 1883 until now. www.landekpark.cz

Michal Mine

At the foot of Landek hill there is a Mining Museum where you can see exceptional exhibitions (including going down a mine) and take a walk on educational paths located in Landek Park nature reserve. The exhibition on mine

rescue includes unique equipment collection and describes the development of this field from 1883 until now.

www.dul-michal.cz

Old Town Hall / Ostrava Museum

In the centre of Ostrava, surrounded by picturesque tenements from the 19th and 20th century, there is the **Old Town Hall (Stará radnice)**. There you can find: **Mikeska House** from 1902 (at present the House of Books) and the **Museum of Ostrava (Ostravské Muzeum)** with about 600 thousand items in historical, artistic, folk and archaeological collections. It is worth a visit the museum **library** with a collection of rare copies of books and old prints.

www.ostrmuz.cz

Panorama of Ostrava

To admire the panorama of Ostrava you should go to the tower of New Town Hall with an **observation deck** located at 73m high or the educational path reaching **Ema pile (Halda Ema)** at 315 meters above sea level. It is worth remembering that the pile is still burning inside and the temperature there is over 1,000 °C!

710 00 Slezská Ostrava

Masaryk's Square

In Ostrava you can relax by beautiful Masaryk's Square (Masarykovo Náměstí). There are many shops, restaurants and cafes. You can also see Mikeska secession tenement there on the corner of Pocztowa Street which was built in 1902 to accommodate a department store. Today it is the seat of Academia bookshop.

Miniuni park

In Černá Louka exhibition centre there is Miniuni park of miniatures with the models of buildings from main European cities and an exhibition of motorcycles from 1920 – 1990. Some local events are regularly organized there including workshops, fairs, shows and meetings. www.cerna-louka.cz

Museum of Brewing Industry and Ostravar Brewery

The Czechs love beer! The Museum of Brewing Industry and Ostravar Brewery (Pivovar Ostravar) will make you familiar with the history of beer making, you will see old barrels, beer mugs, labels and sixty-year-old bar counter. A trip to the brewery founded in 19th century also reveals the secrets of contemporary, modern production lines and local product tasting.

www.ostravar.cz

DinoPark

DinoPark showing the unknown world of the dinosaurs is a popular attraction. In an area of 35 hectares you may find 30 different scenes with over 70 species of Mesozoic reptiles. Add a 12-meter active volcano, 3D cinema and a pavilion with real artefacts from the Pterozoic period onwards and the recipe for a great day is ready! www.dinopark.eu

Ostravica river

You should spend an evening in Ostrava at Ostravica river bank (řeka Ostravice); one of the city's inhabitants' most favourite places. There are lots of walkers, cyclists, roller skaters and crosscountry skiing fans in the winter in this revitalized park. You may relax, swim and have a nice time with your friends with a mug of local, Czech beer surrounded by the greenery there!



New City Hall

TIPS FROM LOCALS

3 drinking and eating tips

Bistro Boule za Ušima

Tyršova 31, +420 724 903 899

You will find absolutely everything here: from eggs Benedict, frittata, a satisfactory choice of vegan options, to hamburgers and excellent versions of local dishes. Plus, the modernistic interior which is truly stunning!

www.bistroboulezausima.cz

Just Donut

Puchmajerova 1799/9

Forget about your diet! In Just Donut you can try doughnuts which will sweep you off your feet. They are delicious, beautiful and addictive! www.justdonut.cz

Kurnik Šopa

Pavlouskova 4457/25, +420 603923449

Kurnik (the henhouse) is an intimate place where local beer brewed in small breweries is served. Find your favourite taste and enjoy great atmosphere! www.kurniksopahospoda.cz

3 accomodation tips

Retro hotel Garage

Martinovská 3262/50 www.retrohotel.cz

Hotel Padre

121 Ruska www.hotelpadre.cz

STING Boutique Apartments

náměstí Msgre.Šrámka 5 www.apartmanysting.cz

3 tips from locals



If you want to have fun, you need to visit Stodolni street whose reputation has crossed the borders of the Czech Republic a long time ago. There are sixty clubs, bars and restaurants. You will definitely have great time there!

Markéta



There are many restaurants in Ostrava where you can try typical Czech food, characterized with such dishes as dumplings, sausages, pork and cream sauces. Roasted pork with potato dumplings and cabbage is considered to be a Czech national dish. Stews and dumplings with fruit are also popular.

Petra



Before visiting Ostrava, download a map from www.use-it-ostrava.cz (or a mobile app). It is an alternative, updated guide created by the locals for travellers. All the trendy and most interesting places are listed there!

Denisa



A large blast furnace in the area of Dolni Vitkovice

Ostrava's Exact Systems Checklist:
Try smažený sýr!
Watch "Earth seen from the sky" in Dolne Witkowice (Lower Vitkovice) cinema.
Take a photo of a birds' house at Čecha street.
Discover your favourite taste of Kurnik Šopa beer.
Watch a hockey match at Ostravar Arena.
Have a drink at Gustav's.
Admire the panorama from the lookout point on the New Town Hall.
Learn the history of the mining industry at the Mining Museum.
Discover the secrets of science in Svet Techniky museum.
Walk on the banks of Ostravica river at sunset.



Cathedral of the Divine Saviour

Church of the Immaculate Conception of the Virgin Mary in Ostrava

EVENTS

Colours of Ostrava

It is a great experience and lots of music excitement. There is a great atmosphere and the organisation is of the highest possible standard.

www.colours.cz

Janáček May

An international music festival devoted to classical music. It takes place every year in May; classical musical is accompanied here with jazz concerts, dance shows and recitations.

Summer Shakespeare Festival

The oldest and the biggest festival in Europe presenting the works of William Shakespeare. There are about 150 plays presented in the auditorium in the fresh air, gathering ninety thousand viewers every year.

www.shakespeare.cz

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Dobré ráno! / Dobré odpoledne! / Dobrý večer!
Good bye	Nashledanou!
Thank you	Děkuji!
Please	Prosím!
Excuse me	Promiňte!
Yes / No	Ano/Ne
How are you?	Jak se máte?
Where is?	Kde je?
How can I get to?	Jak se dostanu do ?
Can you help me?	Můžete mi pomoci?
Do you speak English?	Mluvíte anglicky?
I am sorry, I do not understand	Omlouvám se, nerozumím
How much is this?	Kolik to stojí?
Do you have available rooms?	Máte k dispozici nějaké pokoje?
Is this table free?	Je tento stůl volný?
I would like to order	Rád bych si objednal
May I have the bill, please.	Mohu poprosit o účet.
The food was delicious	Jídlo bylo výtečné!
You look amazing!	Vypadáš skvěle!
Nice to meet you	Rád Vás poznávám!
My pleasure	Potěšení na mé straně!
It is going to be a good day	Dnes bude dobrý den!
I love you!	Miluji tě!
A pint of beer, please	Jedno pivo, prosím!



A panoramic view of the city

FUN FACTS

- 1. The Czechs celebrate the Valentine's Day twice: on 14th February and 1st May.
- 2. There are over 200 different brands of beer produced in the Czech Republic.
- 3. The Czech Republic is a country of castles: there are over 2,000 of them.
- 4. The Czech Republic is internationally renowned for glass and hand-decorated crystals.
- 5. Skoda, the European car manufacturer is from the Czech Republic.
- Meat-based dishes are the specialties of Czech cuisine: roast pork meat with dumplings and cabbage, roast beef with steamed dumplings and creamy sauce, roast duck with dumplings and red cabbage, as well as potato pancakes.
- 7. Ice hockey is the most popular sport in the Czech Republic.
- 8. In Czechia schools 5 is the lowest mark and 1 is the highest.
- 9. Květen (Polish "kwiecień"/ April) is actually May in Czechia.
- 10. Jožin z Bažin is a song about Joseph of swamps who is a man-eater. A local mayor announces an award for killing the monster his daughter and half of the Agricultural C Cooperative Society. The cannibal is killed by a brave Mládek with aerial spraying and then sold to a local zoo.



Old City Market

About Exact Systems Czech Republic

Exact Systems has been operating on the Czech market since 2007. Radovan Meleš is the General Manager.

Exact Systems Czech Republic s.r.o.

Na Honech 832/16 720 00 Ostrava – Hrabová tel. +420 553 034 361 I e-mail: office@exactsystems.cz



O Porriño

O Porriño is a municipality in Spanish Galicia, in the province of Pontevedra. This industrial town in "green Spain" owes its atmosphere to its magnificent people, natural landscapes and Celtic past. This is where our Spanish branch office is located!



Porriño

The most beautiful places of **Porriño** can be found in the traffic restricted zone: a small church hidden behind trees, an impressive town hall building, which looks more like a castle. Lose yourself in the streets, have a look inside the local cafes and bars and be amazed with the curves of the arches. You'll find peace and quiet here and gain strength before your trip to other provincial cities.

Santiago de Compostela

The main attraction of Galicia is Santiago de Compostela. The Baroque towers of the cathedral act as a magnet for pilgrims and tourists alike. It is here where the tomb of St. James the Apostle is located. The pilgrimage route that leads to the sanctuary is lined with shells – **Camino de Santiago**. In the city itself you can find monuments which are proof of the former presence of the Celts and

Romans in these areas. In its centre, you can find the magnificent **Plaza del Obradoiro** and the impressive Benedictine monastery - **Monasterio de San Martín Pinario**.

www.santiagodecompostela.org

Fjords of Rías Baixas

On the more than a thousand kilometres of the west coast of Spain there are the magnificent fjords of Rías Baixas, which stretch along the coast of Galicia to the Portuguese border. It is also the home of world-famous wine; a cool region along the Atlantic creates excellent conditions for white wines, crisp, yet rich and full-bodied at the same time.

Cape Finisterre

Cape Finisterre is the westernmost point of Spain. Before the Age of Discovery, this place was considered to be the end of the world (hence its name being a combination of words "finis" and "terre"). Finisterre is located on the Costa da Morte - Coast of Death. The name refers to the numerous maritime disasters that have occurred here over the centuries, caused by dangerous cliffs, frequent storms, strong currents and fog. Finisterre is not only a cape, but also a fishing village, where you can see art exhibitions, lace handicrafts and enjoy delicious seafood dishes.

Vigo

Vigo is the largest and most populous city in Galicia, about 20 km from O Porriño. Here Baroque meets modernity! In Vigo you can visit the Castro Fortress, built in 1665, the Cathedral of Santa Maria de Vigo, the Pazo de Quiñones residence, which houses a collection of Galician art, and Casco Vello, the city's old town with its many cobbled streets with Baroque town houses. Here you will find Naturnova, a modern museum dedicated to the environment, and Verbum, an interactive museum related to all areas of human communication. The surroundings of the town are famous for their beautiful beaches and the local harbour provides access to the Cíes Islands. www.naturnova.afundacion.org | verbum.vigo.org

Atlantic Islands of the Galicia National Park

In the archipelago of the Islas Cíes there is the Atlantic Islands of the Galicia National Park (Parque Nacional de las Islas Atlánticas de Galicia). Ancient people called this group of islands the 'Islands of the Gods'. Here you will find exceptionally beautiful beaches with white sand, crystal clear turquoise water, charming bays, moving sands, bay, pine and eucalyptus forests, rocky cliffs, dolphins and numerous populations of sea birds. It is worth remembering that the islands can be visited by a limited number of people (2200 per day).

www.parquenacionalillasatlanticas.com

Pontevedra

Pontevedra is located right on the ocean shore, beautifully blending into the landscape of the Atlantic coastal islands. It owes its name to an old bridge on the River Lerez flowing through the city. It is a wonderful Galician city with narrow streets, granite crosses, stone houses and a beautiful old town. Visit the **Pilgrim's Church (Iglesia de la Peregrina)** with its shell facade and the **Provincial Museum (Museo Provincial)**, where in 6 buildings there are more than 16,000 different types of exhibits related to the history and culture of the province: paintings, sculptures, drawings, coins, instruments and jewellery.

Town of Tui

A quarter of an hour from O Porriño is the town of Tui on the river Miño, which is the natural border between Spain and Portugal. Both Tui and Valença do Minho hide interesting monuments and impressive landscapes. A historic iron bridge stretches over the river, while the nearby Mount Aloia was the first place in Galicia that was declared a nature reserve and is an excellent viewpoint.

Baiona

Is a charming tourist destination discovered in the year 60 by Julius Caesar. Here you will find small beaches, a collegiate **church of Santa Maria** and a palace, which has become a Parador luxury hotel. The biggest attraction is the **museum-replica of the famous La Pinta caravel** - one of the three that under the command of Christopher Columbus set off to discover the world. On March 1, 1493, the news of the discovery of America reached Baiona on board of La Pinta. The best way to admire the panorama of the area is from an Antonio Palacios' huge **granite statue of Virgen de la Roca** with a ship in its hand.

www.turismodebaiona.com

Town of Marin

The town of Marín is a treat for lovers of beautiful landscapes as well as lovers of historical buildings. The geographical location is one of the greatest attractions of the city, which is promoted with the slogan "Sea and mountains one step ahead". In the village you will find traces of Celtic culture and discovering them is a real thrill for all enthusiasts of archaeology and history. Marín is one of the largest ports in Spain, which is why we will find here the best quality fish and seafood in the world. It is obligatory to order a glass of local Abarino wine for dinner.

TIPS FROM LOCALS

3 drinking and eating tips

Casa Vella

Rua Pescaderia 1 Bajo Drcha, 36202 Vigo +34 986 43 31 21

A classic Galician dish is the aromatic Galicia style octopus called pulpo a la gallega, prepared with Spanish paprika (pimentón). This speciality is worth trying in Casa Vella. Make sure you have a glass of local wine!

www.restaurantecasavellavigo.com

Badiana Tapas

Plaza de la Lena, Pontevedra +34 886 16 10 65

Classic Spanish tapas with a modern twist. The most attention-worthy are the cheeses. Delicious food, courteous service and a wide range of choices make it an ideal place for an evening meeting with friends. www.badianatapas.com

Restaurante Rocamar

Lugar Baredo S/n, Baiona +34 986 35 73 23

Spaniards often describe Galicia as green Spain, very often you can also hear the term Costa de Mariscos which means "seafood coast", because this region of Spain offers the best and the widest range of seafood. Speaking of which, it is worth going to Rocamar in Baiona, the largest port in Galicia!

3 accomodation tips

NH Collection Vigo,

Avenida Garcia Barbon 17-19, Vigo +34 986 43 36 43 www.nh-hotels.com

Hotel Occidental Vigo,

Via Norte 10, 36204 Vigo + 34 986431666 www.barcelo.com

Balneario de Mondariz,

Avenida Enrique Peinador S/N, 36890 Pontevedra +34 986 656 156 www.balneariomondariz.es



Pulpo a la Gallega - Galician Style Octopus



A Toxa and a Church made of Sea Shells



La Toja facade of Toxa church

3 tips from locals



Scallop shells are the symbol of the pilgrimage to Santiago de Compostela. They are worn on the back by most of the people going to the grave of St. James, and the church on the island of La Toja near Pontevedra is covered completely with scallop shells to protect it from the ocean moisture.

Natalia



A cloudy sky and intense Spanish sun don't spoil our day. The proximity of the Atlantic Ocean makes the air humid and crisp, so getting ready for a trip to Galicia, check the weather and maybe.... take your wellies and umbrellas! However, a lack of Mediterranean weather, is compensated with fairy-tale landscapes. Atlantic hills, stone towns, rustic bridges, rocky cliffs bathed in fog, eucalyptus tree forests are breath-taking!

Jorge



Galician folklore is unique: full of Celtic superstitions, mysterious druids, witches, nymphs and demons. Its elements can be found in local festivals such as the Entroido carnival. Galicia is also the largest fishing centre in Spain, and the seafood and fish are the basis of local cuisine. The best and freshest delicacies can be found at local exhibition halls.

Saul

O Porriño's Exact Systems Checklist: Visit a soap factory on the La Toja island near Pontevedra. Take your camera to Tui and capture the stunning landscapes. Try the Galician style octopus and chipirones. Raise a toast with Sangria Don Simon wine. Cook your own meal with fish bought at the local market. Sunbathe on the world's most beautiful beach, Playe de Rodas. Pray or meditate in Santiago de Compostela. Visit one of the Galician wineries. Spend an afternoon in Monte Castro Park in Vigo. Go fishing in Galicia.



EVENTS

Carnival in Xinzo

The carnival in nearby Xinzo lasts up to 5 weekends. This is a festival of joy! The most characteristic disguise is pantalla: white shirt and trousers tied with ringing bells with a red cloak. The participants hold in their hands dry inflated cow stomachs, with which they make their way through other carnival participants by hitting one against the other. The carnival is respected by the Fiestas de Interés Turístico Nacional - it is an event of national importance. <code>www.xinzodelimia.gal</code>

Midsummer night

St. John's Eve, Noite de San Xoán or Noite da Queima are popular throughout Galicia. Celebrated as the welcoming of midsummer since Celtic times, it is an opportunity to celebrate and combine traditional rituals with spontaneous fun. Bonfires are lit at midnight as a sign of summer, and families spend time together having a picnic and watching the fireworks. This is one of the most important holidays in the Spanish calendar!

Feira Franca Festival

The Feira Franca Festival takes place on the first weekend of September in Pontevedra and is celebrated to commemorate the growing importance of Pontevedra in the 15th and 16th centuries. A large market with stalls, tables and delicious food is set up on the main square and the people dress up in historic costumes. There are artistic shows and food tasting. The festival has taken place regularly since 2000.

www.feirafranca.pontevedra.gal

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Buenos días! / ¡Buenas tardes! / ¡Buena noches
Good bye	¡Adiós!
Thank you	¡Gracias!
Please	¡Por favor!
Excuse me	¡Perdóneme!
Yes / No	Si / no
How are you?	¿Cómo estás?
Where is?	Dónde está ?
How can I get to?	Como puedo llegar a?
Can you help me?	¿Me puedes ayudar?
Do you speak English?	¿Habla usted Inglés?
I am sorry, I do not understand	Lo siento, no entiendo
How much is this?	¿Cuánto cuesta este?
Do you have available rooms?	¿Tienes habitaciones disponibles?
Is this table free?	¿Es esta mesa libre?
I would like to order	Me gustaría ordenar
May I have the bill, please.	¿Puede traerme la cuenta por favor?
The food was delicious	¡La comida era deliciosa!
You look amazing!	¡Te ves increíble!
Nice to meet you	Encantada de conocerte!
My pleasure	¡El gusto es mio!
It is going to be a good day	¡Va a ser un buen día!
I love you!	¡Te amo!
A pint of beer, please	¡Un vaso de cerveza, por favor!





Xinzo Carnival

Playa de Rodas

FUN FACTS

- Production of granite, known worldwide as Rosa Porriño is one of the main industries in O Porriño.
- 2. The inhabitants of Galicia are related to the Portuguese and speak Galician (gallego).
- 3. In Europe, there are three regions called Galicia: in Spain, Poland and Turkey.
- The ZARA chain of clothing stores was established in Galicia, Spain, in La Coruña.
- 5. The Atlantic Islands of Galicia National Park is in the archipelago of Islas Cíes.
- 6. In 2007, the British newspaper The Guardian named Rodas beach "the best beach in the world".
- 7. Spaniards have two surnames. The first part refers to father's first surname, and the second the mother's first surname.
- 8. The lottery game is a national hobby for Spaniards.
- 9. The Spanish National Anthem has no words.
- 10. The Spaniards brought potatoes, tobacco, tomatoes, cocoa and corn to Europe.
- 11. The Kingdom of Spain is one of 12 monarchies in Europe.



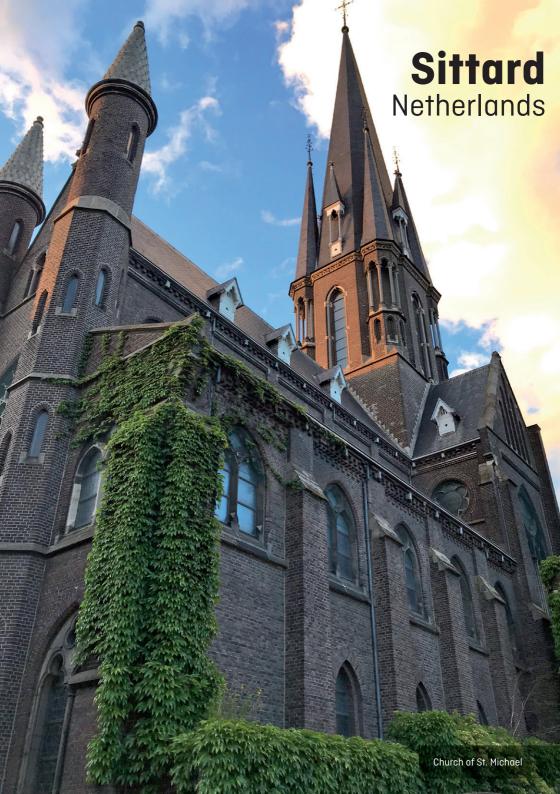
The mouth of the Vigo River

O EXACT SYSTEMS

The company has been operating since 2010 and is a provider of outsourcing solutions in the area of quality control and component selection.

José Costa is the General Manager.

Exact Systems SL Poligono Industrial de Las Gandaras no8 36400 O Porrino Pontevedra tel. +34 698 144 037 I e-mail: office@exacstsystems.es



Sittard

Sittard is one of the oldest cities in the Netherlands and has a rich history: it was granted a municipal charter in 1243 and in 1400 it became part of the Dutchy of Jülich. Between 1798-1814 it belonged to Imperial France and became the last city "added" to the new Kingdom of the Netherlands in 1815. It is the home of the Dutch branch of Exact Systems. Sittard-Geleen always welcomes you warmly: it is a place of rich tradition, inhabited by extraordinary people. Whether you prefer the historical centre of a vibrant city or idyllic suburbs full of greenery, you will find everything you are looking for in Sittard!



Historical town centre

Historical town centre is small, there yet you can find numerous architectural monuments, including a few old churches (Saint Peter's, Saint Michael's, the Basilica of the Virgin Mary), monasteries and houses built of timber framing. In 1972 the centre of the city was officially recognized as protected national monument. In winter months, there are some walking tours organized by the light of lanterns during which one can hear blood chilling stories, folk tales and regional legends. We highly recommend them!

City Garden

The City Garden was founded in 1993 in the gardens of the **old monastery** and boarding school led by Ursuline Sisters. In the garden, apart from the cemetery, there is also a **monument of the murdered Jews of Sittard** and the region with a stunning pear avenue leading to it. That is also where part of the town canal, some rose beds and a playground are located. This place is full of mysteries, perfect for walkers!

Born Castle

The park of the Born Castle is a small zoo located in the centre of Born, close to Sittard. The park was built in the gardens around the ruins of the Born Castle destroyed by fire in 1930. There are mainly mammals in the zoo: deer, raccoons, lynxes and arctic foxes; birds of prey: owls, buzzards, vultures and water birds: from flamingos to swans. That is the place where swans, geese and ducks swim lazily in the canals and the alpacas come close to see what is going on. You can also freely feed lovely goats and soft sheep!

www.kasteelparkborn.nl

Bikes

Sittard is the only place in the world where you can visit **three countries in one day...** cycling! Maasmechelen in Belgium and the German towns of Selfkant, Waldfeucht and Gangelt are really close. Intra-boundary cycling paths with a marking system will guide you!

De Biesenhof

Is a classic farm with a large courtyard, surrounded by a truly breath-taking walking area along Geleenbeek. The earliest existing documents related to De Biesenhof are dated 1259! At the end of 2004 the mansion was restored and transformed into a restaurant which is an ideal place to stop after a long walk or a cycling trip. www.biesenhof.nl

Museum Het Domein

Museum is located in a rebuilt, 19th century school building in the city centre. The Exhibition of History and Archaeology presents collections in the field of the history of the region, culture and archaeology. A Contemporary Art Section focuses mainly on international avant-garde which combines an anthropological approach with an artistic and historical one as seen from a global perspective.

Stadbroekermolen

www.dedomijnen.nl

At the edge of the town there is **Stadbroeker-molen historic water mill.** It was restored to its former glory in 1990. Its water-driven mechanisms were also renovated. Today it is a unique

place for organizing meetings and events. On Sundays it is possible to have a look inside and eat delicious piece of vlaai – sweet tart which is a delicacy of Limburg.

www.stadbroekermolen.nl

St Rosa Chapel

In 1668 the whole region was swept by an epidemic of dysentery. The inhabitants prayed to Saint Rosa for healing and also hailed her as the patroness of the town. Sittard is the first place in the world giving her such honours! In 1675 on Kolleberg hill, a chapel of her name was built where an annual procession takes place to this day. The chapel was built at the crossroads which makes it possible to get there from four different directions.

www.sintrosasittard.nl



St Rosa Chapel

TIPS FROM LOCALS

3 drinking and eating tips

Café de Buren

Markt 28, +31 46 451 5904

Aromatic coffee, nice atmosphere and good evening fun with sophisticated drinks. Café de Buren is an ideal place to hang out with some friends. www.cafedeburen.com

Pretzels

Putstraat 37, +31 46 451 5352

If you are planning to try out the local cuisine, then it should be in Pretzels only. They offer a huge variety of whiskies, mostly at very decent prices! www.pretzels.nl

Luna

Markt 39, +31 46 411 1099

There is a reason why Luna is one of the most popular places: the personnel are friendly; the food is tasty and the prices attractive. They offer European and Mediterranean cuisine.

www.lunaetenendrinken.nl

3 accommodation tips

Jean-Paul & Jolanda Hameleers

Markt 22, +31 (0)46 451 81 51 www.delimbourgsittard.nl

Hotel Merici

Oude Markt 25, +31 (0)46 400 9002 www.hotelmerici.nl

Kasteel Doenrade

Limpensweg 20 6439 BE Doenrade, +31 (0)46 4424141 www.kasteeldoenrade.nl

3 tips from locals



Are you a film fan? That is great! The biggest cinema complex in south Limburg is located in Sittard-Geleen. There are eight large screens showing the latest movies on a daily basis.

Niki



Do you want to spend your time actively? I-Vy Climbing is the biggest and the most comprehensive climbing centre in the Euroregion. The climbing wall has an area of 1,400 square meters and they have a wide range of training options, the centre offers constant challenges for everyone: from beginners to professional climbers. It is definitely worth taking your chances!

Peter



Together with the town of Geleen and a few smaller towns, Sittard forms urban complex called Sittard-Geleen. I recommend that you visit Steinerbos - a theme park nearby where you can row a boat, have fun on an enormous playground or relax in a pool.

Peter



Sittard's Exact Systems Checklist:
Leave a rose in Saint Rosa's Chapel.
Play a round of bowling in Stardust.
Feed sheep in Born Castle Park.
Have a cycling trip to three different countries.
See one of the temporary exhibitions at Het Domein museum.
Get out of the Mystery House escape room.
Learn more about trees in Stadspark Sittard.
Have supper in Stadbroekermolen.
Watch a movie on a big screen at Foroxity.
Visit all atmospheric churches in the centre.



EVENTS

Pinkpop

Pinkpop is listed in the Guinness Book of World Records as the longest open-air festival in history. Every year about 60,000 people visit the festival to listen to their favorite performers. Until 2018 there were 831 artists who performed on the Pinkpop stages, among others: Metallica, Alanis Morissette, Arctic Monkeys, Coldplay and Justin Bieber. www.pinkpop.nl

Sint Rosa Festival

The Sint Rosa Festival is the time of the year when the centre of Sittard becomes an enchanted land of magic tricks, circus shows, delicious food and live music. The event is for the whole family.

www.sintrosa.nl

Cine/Fest Sittard

Cine/Fest Sittard is an initiative started in 2017. It is a two-day film festival during which the best movies are shown. It also includes workshops and classes for amateurs and professionals in cinematography. And all this in a cosy and inspiring atmosphere.

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Goedemorgen / Goedemiddag / Goede avond
Good bye	Tot ziens!
Thank you	Bedankt!
Please	Aub!
Excuse me	Sorry!
Yes / No	Ja/Nee
How are you?	Hoe gaat het?
Where is?	Waar is?
How can I get to?	Hoe geraak ik bij?
Can you help me?	Kan u mij helpen?
Do you speak English?	Spreekt u Engels?
I am sorry, I do not understand	Sorry, ik versta u niet
How much is this?	Hoeveel kost dit?
Do you have available rooms?	Heeft u nog kamers vrij?
Is this table free?	Is deze tafel vrij?
I would like to order	Ik zou graagbestellen.
May I have the bill, please.	Mag ik de rekening aub?
The food was delicious	Het was voortreffelijk!
You look amazing!	U ziet er fantastisch uit!
Nice to meet you	Aangename kennismaking!
My pleasure	Insgelijks!
It is going to be a good day	Het zal een fantastische dag worden!
I love you!	Ik hou van jou!
A pint of beer, please	Een pintje aub!





City Park

FUN FACTS

- Almost every citizen of the Netherlands has a bicycle. There are twice as many bikes as cars.
- 2. 25% of the Netherlands surface is below sea level.
- The Netherlands sends 20 thousand tulip bulbs to Canada every year to thank for help during World War II.
- 4. At the beginning of the 17th century New York was called New Amsterdam.
- 5. Baku (28 m below sea level) and Amsterdam (2m below sea level) are the only capital cities in the world which are located below the sea level.
- 6. Dutch airline KLM started the its first regular flights in 1920.It was possible to fly from Amsterdam to London and back.
- 7. The Dutch are the tallest people in the world. Average height of a man is 184 cm and of a woman 170 cm.
- 8. A worker who loses his job receives 80% of his salary for the following 2 years.
- 9. The Netherlands have the densest network of motorways in the world.
- 10. Every citizen and tourist must have an identity document on him.





Town houses

O EXACT SYSTEMS

Exact Systems BV has been operating on the market since 2018. Alexandre Plaisant is the General Manager.

Exact Systems BV

Dr. Nolenslaan 157 - bus 22 I 6136 GM Sittard tel. +32 474 97 16 32 I e-mail: office@exactsystems.nl



Görlitz

The modest, but charming and interesting town of Görlitz is the hometown of our Exact Systems Deutschland company. Situated on the River Lusatian Neisse, on the border with Poland is Germany's easternmost town. Because to its picturesque landscape, it is often used as a film location. "Inglorious Basterds", "The Reader" and "The Grand Budapest Hotel" are just a few film titles, in which the film-makers used this town as a location. Six thousand historical monuments, interesting museums and a small zoo... It is a climatic location on the border of two countries!





Bridge on the Lusatian Neisse

Until the Second World War, Görlitz and Poland's Zgorzelec were two parts of one vibrant town connected by a bridge over the river. At the beginning of May 1945, the Germans destroyed the historical bridge Zgorzelec-Görlitz and the communism that followed the war's turmoil divided the towns for many years. Only in 2004, the bridge on the Lusatian Neisse was finally managed to be rebuilt. It is a place featuring a splendid view and an exceptional atmosphere.

Lusatian Museum

On the other side of the river is situated the amazing Lusatian Museum in Zgorzelec, that is a **land of Lusatian Legends**, which (like to Narna) is entered through a wardrobe. The hidden passages, colourful stories, interesting exhibitions... is something, which will ensure fun for children and adults alike! www.muzeumluzyckie.pl

Town's fortification

Görlitz is surrounded by a double ring of the town's fortification (**Stadtbefestigung Görlitz**), and the entire area of the Nicolas outer wall was changed into a beautiful garden. It is worth sight-seeing the town just from this perspective!

Market square

In the market square, your attention will be attracted to the town hall with a 63-meter high **clock tower**. An impressively decorated balcony and a **statue of Lustitia**, the goddess of Justice within Roman mythology is just next to it. It is worth having a closer look at the building of the **Scales** from the 15th century and the **Neptune's fountain!**

Park of Peace

In the Park of Peace, one can find benches, paths, green areas spreading up to the River Lusatian Neisse. Since 2017, the revitalisation works have been on-going here, which include the Polish part – the Andrzej Błachaniec Park too.

Townhouses

Görlitz is a town full of the renovated townhouses (Beautiful Manor House, Bible House, Baroque House), where the libraries are hidden – it is paradise for eye and spirit! The town building originating from the late Gothic, Renaissance, Baroque,

as well as Art Nouveau period create a magnificent urbanist synthesis of the arts and they are captivating! Probably, the greatest attraction of the town constitutes wandering around the streets in search of the tenant houses and the interesting little corners.

Upper Lusatian Hall of Glory

he building of the Upper Lusatian Hall of Glory (Oberlausitzer Ruhmeshalle) resembles a Reichstag miniature. Its grand opening was honoured by a visit of Wilhelm II, the German *kaiser* (emperor) himself! It worth dropping by in order to have a closer look inside at the splendid hall and dome! www.mdk.zgorzelec.eu

Senckenberg Museum of Natural History Görlitz

Senckenberg Museum für Naturkunde Görlitz with a geology exhibition related to the region and a small vivarium – a home of fish, snakes, frogs, mice and lizards are the proposals of the trip on a rainy day. Plenty of interesting facts to learn! www.senckenberg.de

Görlitz Zoo

In Görlitz Zoo (Naturschutz-Tierpark Görlitz) there are approximately 500 animals from 90 species from Europe and central Asia. It is a great place to have a walk among wild nature. www.tierpark-goerlitz.de

Görlitz department store

Görlitzer Warenhaus, built in Art Nouveau style, is one of the best-preserved department stores from the beginning of the twentieth century. It operated as a department store until 2009.



Historic Town House

TIPS FROM LOCALS

3 drinking and eating tips

Krishna - Indische Spezialitäten Tandoori-Restaurant Dr.-Friedrichs-Str. 3 Ecke Berliner Straße

Indian cuisine in Germany? Why not! Creamy curry with rice which melts in your mouth. It is also worth tasting a delicious mango cocktail! www.krishna-in-goerlitz.de

Löffel-Bar Berliner Str. 28

Home-made food at very affordable prices! The fresh ingredients are prepared in a delightful way! You will never be bored, daily specials are always on offer! www.loeffel-bar-goerlitz.de

Schneider Stube

Peterstrasse 8

The chef serves Saxonian and Silesian dishes prepared with passion and great love for food, located inside the Tuchmacher hotel. We do recommend that you make a booking!

www.tuchmacher.de

3 accomodation tips

Görlitz Altstadt

Peterstraße 15

www.goerlitz-city.jugendherberge.de

Insel der Sinne

Am See 33 www.inseldersinne.de

Best Western Hotel Via Regia

Jauernicker Straße 15/16 www.bestwestern.com

3 tips from locals



Visit a Görlitz Christmas market in December! You will find a great atmosphere, ideas for gifts for your nearest and dearest. The Christmas music comes from a stage, an Angel gives presents and you are surrounded by a truly Christmas atmosphere.

Klaus



In the summer season, from April until October, the Vintage Park Railway (Görlitzer Oldtimer Parkeisenbahn) runs. The carriages are pulled by a replica of the "Adler" locomotive – Germany's first locomotive. It is worth having a ride! While we are on the railway subject, a must see is the Görlitz Viaduct completed in 1847, whose appearance reflects Roman stone bridges.

Thomas



If you would like to spend time actively, then why not drop in to the municipal swimming pool. It offers a choice of a pool with hydromassage, a swimming -pool and a recreational pool.

Dominik



Görlitz's Exact Systems Checklist:

Find all the shooting locations from the "Grand Budapest Hotel" movie.
Try schnitzel with green asparagus and potatoes with parsley.
See the town from its four towers: Nikolaiturm, Reichenbacher Turm, Rathausturm and Dicker Turm.
Go to a concert or theatre play in Görlitz.
See the sun organs in the Church of St. Peter and Paul with a guide.
Admire the interior of the railway station.
Contemplate the architecture of Obermarkt.
Go for a walk in Poland!
Find the oldest grave at the Nikolaifriedhof cemetery.
Have your breakfast at the 500-year-old mural art in the restaurant of the Schwibbogen hotel.



EVENTS

The Pottery Market

Each year the potters from all over Germany meet in the Old Town in Görlitz in order to present their pottery products. It is a perfect occasion to admire their craft, familiarise yourself with their lifestyle and Silesian traditions. www.tippelmarkt.de

The international ViaThea street theatre festival

For three days, the streets, squares and parks in Görlitz became a large stage for international theatre troupes. It is a fascinating art fest worth watching and experiencing. www.viathea.de

The Old Town festival

The inhabitants of both twin cities unite in a colourful march, having fun in a medieval atmosphere. Numerous shops located in the Old Town present some real treasures of craftmanship: wooden sculptures, filigree painted china or blown glass goods. The incredible souvenirs, which you can see being manufactured live. It a celebration of joy and delicious, regional food.

www.altstadtfest-goerlitz.com

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Guten Morgen!/Einen schönen Nachmittag! / Einen schönen Abend!
Good bye	Auf Wiedersehen!
Thank you	Danke
Please	Bitte
Excuse me	Entschuldigung
Yes / No	Ja / Nein
How are you?	Wie geht es Ihnen?
Where is?	Wo ist?
How can I get to?	Wie komme ich nach?
Can you help me?	Können Sie mir helfen?
Do you speak English?	Sprechen Sie Englisch?
I am sorry, I do not understand	Es tut mir sehr leid, aber ich verstehe Sie nicht.
How much is this?	Wieviel kostet dies?
Do you have available rooms?	Haben Sie freie Zimmer verfügbar?
Is this table free?	Ist dieser Tisch frei?
I would like to order	Ich möchte bestellen
May I have the bill, please.	Die Rechnung bitte
The food was delicious	Das Essen war sehr gut!
You look amazing!	Sie sehen fantastisch aus, Alternative: Sie sehen gut aus.
Nice to meet you	Schön Sie zu treffen
My pleasure	Es war mir ein Vergnügen
It is going to be a good day	Heute wird ein guter Tag
I love you!	Ich liebe Sie!
A pint of beer, please	Ein Bier bitte



FUN FACTS

- 1. The first ever printed book was published in Germany.
- 2. Beer is the national beverage.
- 3. 6,000 different varieties of beer are brewed in Germany and the statistical German drinks on average 140 litres of beer per year.
- 4. When answering the phone in Germany, state your surname instead of something more casual, like "Hello".
- 5. In Bavaria, beer is officially considered as food.
- The world's first drivers' licence (permission to carry out public trial runs of a patent car) was issued by the "Großherzoglich Badisches Bezirksamt" to Karl Benz in 1888.
- 7. The tradition of the contemporary Oktoberfest has more than 200 years.
- 8. The tradition of decorating the Christmas tree originates from Germany.
- 9. The German ophthalmologist, Adolf Eugen Fick, invented the first contact lens in the world.
- 10. There are as many as 300 varieties of bread in Germany.
- 11. Germany is famous for its automotive industry and this country is a homeland of the BMW, Mercedes-Benz, Audi and Volkswagen brands.







Town Hall clock

O EXACT SYSTEMS

Exact Systems GmbH has been operating on the market since 2009. Sebastian Gos is the General Manager.

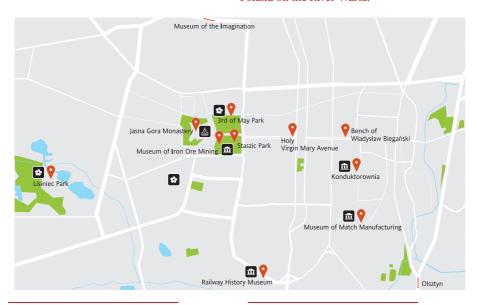
Exact Systems GmbH

Am Klinikum 7, D-02828 Görlitz tel. +49 35 81 421 707 $\,\mathbb{I}\,$ e-mail: office@exactsystems.de



Częstochowa

The Exact Systems company was established in Częstochowa and our headquarters is still in this city. We manage our activities; start our travels and we host our partners from all over the world from here! This unique city is located in southern Poland on the River Warta.



Jasna Gora Monastery

A tower of the Pauline monastery dominates over the town - it is one of the most important places of the Virgin Mary faiths in the world, to which each year millions of the pilgrims arrive. In the Jasna Gora Monastery you can admire the image of the Black Madonna of Częstochowa, also known as Our Lady of Częstochowa. A legend traces the icon's origin to St. Luke who painted it! The monastery is not only a religious building, but also a fortress with immense fortifications, the arsenal, the Knight's Hall, the tower and the treasury. The abbey also houses the Museum of the 600th Anniversary of Jasna Gora that shows the history of a presence of this miraculous image and the Pauline Fathers within Jasna Gora. The under-monastery catacombs, where in the niches forged in the rock, the Pauline fathers and monks are available for visitors for private tours. A unique and priceless book collection including more than 13.000 items is an exceptional lucky find! - unfortunately, it is not available to visitors. www.jasnagora.pl

Two parks

The two parks spread out around the Jasna Gora: the Staszic Park and the 3rd of May Park. They are beautiful places with the fountains, a garden house, benches, where you may relax, read, play chess on the granite tables and spend some time with your friends. The playgrounds ensure good fun for the little ones. In the park at the foot of Jasna Góra, exhibition pavilions built prior to 1909 can also be found. Now, their interiors house an astronomical observatory, an ethnographic pavilion, a peasant farm; all these facilities are open for tourists.

Holy Virgin Mary Avenue

From the parks near Jasna Gora you exit straight to the most famous promenade of Częstochowa - The Holy Virgin Mary Avenue (Aleja Najświętszej Maryi Panny). You may find there, inter alia, Bench of Marek Perepeczko, Bench of Władysław Biegański, Bench of Halina Poświatowska and a bronze fountain with a figure of a girl feeding pigeons. The cosy cafes and restaurants are located on both sides. The avenue comes alive during summer evenings, when all restaurants are filled with groups of friends who spend time together eating delicious food and having a glass of wine.

Museum of Match Manufacturing

The next place worth visiting on the map of Częstochowa is the **Museum of Match Manufacturing.** It features expositions in two exhibition rooms and in the non-operating manufacturing site. Visitors may sightsee the historical machinery park using a technological line from the 1930s and trace the entire process of the creation of a single match: from forming a wooden block through stick manufacturing to packing of matches into boxes. The exhibition also includes a collection of the documents and match labels. www.zapalki.pl

Museum of Iron Ore Mining

Iron ore mining is characteristic for the region of Częstochowa and has a centuries-long tradition. An exhibition of the **Museum of Iron Ore Mining** is a complete model of underground excavations in natural rock most characteristic for the iron ore mining presented in full scale. The exhibition also presents the complete history and a development of ore mining. The exhibition displays supports from both wood and steel, a pump chamber and a fragment of a "face" with a lining and is complete with the machines and equipment. The original machines and means of transportation can be seen in the faces and chambers. You may also watch a film made during the final stage of operation of the last iron ore mines.

www.kopalnia.muzeumczestochowa.pl

Railway History Museum

The Museum is located in the building of the Częstochowa Stradom railway station. The exposition includes railway memorabilia, inter alia, lamps, rails, uniforms, documents, maps, photographs and many elements of equipment. A ride by locomotive through the power of a simulator with an operating panel is one of the attractions. It is great fun for fans of trains and endless joy, regardless of your age! www.facebook.com/MuzeumHistoriiKolei

Museum of the Imagination

in Częstochowa — an author's gallery of Tomasz Sętowski, a world-renowned artist and native inhabitant of Częstochowa. When you cross the threshold of the museum it's like entering into a world of magic and fairy tales. The lower part of the building is an exposition of paintings, drawings, sculptures and installations. The upper one is an artist's atelier, in which his works are created. We cordially encourage you to enter this world of "magical realism" and admire its beauty.

www.setowski.com

Park Lisiniec

is quite a new place on the map of the attractions of Częstochowa. Apart from the walking paths, there are three water reservoirs here with an aggregate area of 11 ha, namely **Adriatic, Baltic and Pacific,** water sport equipment rental, **skate park, tennis courts and rope park.** There is also a sandy beach used by locals on sunny days. Music, sport and recreational events are organised in the area of the park. All the time the revitalization works are being carried out so we may expect an even greater number of attractions in the coming seasons! www.facebook.com/parklisiniec

"French Fries Avenue"

Probably we would find it hard to find someone who is not fond of crispy French fries; we have a whole street dedicated to this delicacy in Częstochowa! There you can buy fried potatoes in different shapes & sizes and then season them with sauces with thousand flavours. Thus, the unofficial name of Piłsudskiego Street is French Fries Avenue. You can also find there the beautiful secession Polonia hotel, which is beautifully renovated, as well as the registered office of the Konduktorownia Regional Society for the Encouragement of the Fine Arts, where exhibitions of paintings, sculptures and photographs are regularly organised.

Olszyn

Just near Częstochowa, in Olsztyn, are the ruins of the one of the most charming castles of the Trail of the Eagle's Nests. You may walk there, have a rollerblade ride, see a motte-and-bailey settlement and a historical granary moved from Borowno. You may also set off on the longer trek across the stunning Cracow-Częstochowa Uplands trail. www.zamekolsztyn.pl

TIPS FROM LOCALS

3 drinking and eating tips

KOKU Sushi

ul. Wieluńska 4, +570 123 514

If you are looking for a tasty lunch, it can be found only there: fresh ingredients, affordable prices, extremely nice customer service. A miso soup with salmon is a real must-eat!

www.kokusushi.pl

Green Monkey Cafe

al. NMP 57, +48 662 740 247

An exceptionally cosy and climatic café in the very heart of Częstochowa. The best coffee beans and a fantastic coffee maker on a par to aromatic coffee. The menu includes a wide range of alcoholic beverages worth tasting and fancy pastries to die for. www.greenmonkeycafe.com.pl

Sweet Home & Cafe

ul. 7 Kamienic 11, +48 576 609 896

The very climatic French style cafe with a shop offering its interior decorations. The fantastic pastries, layer cakes, ice-creams and perfect teas. A feast for your eyes and palate!

3 accommodation tips

Apart 4 Super De Lux

ul. 3 Maja 14/4, +48 786 118 114

Hotel Arche

ul. Oleńki 20 www.hotelczestochowa.com

Browar Czenstochovia Hotel&Spa

ul. Korczaka 14 www.czenstochovia.pl

3 tips from locals



An exceptional date in the calendar of the cultural events in our town constitutes the date of the Częstochowa Night of Culture, during which you may visit almost every museum, go to the theatre or participate in the performances organised on the streets. Then, I love to discover the city again. Please note that it is worth having patience, because the queues to some places may be really long!

Kamila



In Częstochowa, there are a great deal of the concerts, workshops, meetings and training meetings organised by clubs, restaurants and associations. Just visit www.cgk.czestochowa.pl or take a free copy of the magazine in one of the cafes in order to familiarise yourself with their time schedule.

Aleksandra



I love the Holy Virgin Mary Avenue before Christmas, when a Christmas market takes place there! The stalls are filled with the delicious food, illuminations and decorations which creates an incredible atmosphere. It is also worth a visit to the municipal ice rink too!

Magda



Jasna Góra Monastery

Częstochowa's Exact Systems Checklist
Go for ice-creams to the Czewskie Lody.
Ride around the entire town on city bikes.
Have a picnic in the park next to Jasna Góra.
Participate in a concert on Biegański Square.
Climb to the top of the tower at the Jasna Góra.
Learn how to manufacture matches in the Museum of Match Manufacturing.
Watch a film in the OKF Iluzja cinema and art gallery.
Find the famous murals in Częstochowa, namely Świtezianka, Tower of Babel, Eye of Cyclops and The Guardian of Time.
Cheer on the Saints Częstochowa team during a game of American football.



The Częstochowa Museum is housed in the historic Town Hall building. Józef Piłsudski Monument

EVENTS

The Czytaj! Word Deconstruction Festival

"Czytaj!" is an event promoting the written word, an exceptional feast of literature and literary-related phenomena. Each edition includes meetings with the writers and poets, exhibitions, films, book exchange and workshops.

*www.festiwalczytaj.pl**

Frytka OFF-jazd

The Frytka OFF-jazd is a festival of alternative music. It is a positive feast of rock, punk, electronic and R&B music, which brings together an audience of all ages. www.frytkaoff.czestochowa.pl

Festival of Colours

The Festival of Colours is simply good music, smiling people and playing with the Holi colours. It is a celebration of summer and joy at its best, absolutely free! www.festiwalkolorow.pl

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Dzień dobry! / Dobry wieczór!
Good bye	Do widzenia
Thank you	Dziękuję
Please	Proszę
Excuse me	Przepraszam
Yes / No	Tak / Nie
How are you?	Jak się masz?
Where is ?	Gdzie jest?
How can I get to?	Jak trafić do?
Can you help me?	Czy możesz mi pomóc?
Do you speak English?	Czy mówisz po angielsku?
I am sorry, I do not understand	Przepraszam, nie rozumiem.
How much is this?	Ile to kosztuje?
Do you have available rooms?	Czy macie wolne pokoje?
Is this table free?	Czy jest wolny stolik?
I would like to order	Chciałabym/Chciałbym zamówić
May I have the bill, please.	Poproszę rachunek.
The food was delicious	Danie było pyszne.
You look amazing!	Pięknie dziś wyglądasz!
Nice to meet you	Miło mi Cię poznać!
My pleasure	Przyjemność po mojej stronie.
It is going to be a good day	To będzie dobry dzień!
I love you!	Kocham Cię!
A pint of beer, please	Poproszę piwo!





FUN FACTS

- The Woodstock Stop (Przystanek Woodstock) is the largest open-air festival in Poland.
- 2. The name "Poland" originates from the tribe "Polanie".
- Traditional Polish dishes are bigos (hunter's stew) and pierogi (filled dumplings like ravioli)!
- 4. The bulletproof vest is a Polish invention
- 5. During 1973 2000, 4 671 585 cars of Fiat 126p brand nicknamed commonly the "maluch" were manufactured.
- 6. 80% world resources of amber originate from the Polish Tri-City.
- 7. Poland is the biggest grower of apples in Europe.
- 8. In 2014, Poland was awarded the third place in the NEF English Proficiency Index ranking evaluating non-native English-speaking countries around the globe on their English-language knowledge.
- 9. In 2017, in Poland, the first full-length painting animation in cinematography history "Your Vincent" was created.



Olsztyn Castle near Częstochowa

About Exact Systems

Exact Systems was founded in 2004. Paweł Gos is the President of the Management Board, and Lesław Walaszczyk is the vice-president.

Exact Systems Sp. z o.o.

ul. Ferdynanda Focha 53/5 42-200 Częstochowa, Poland tel/fax.: +48 34 365 58 26 <code>I</code> e-mail: office@exactsystems.pl



Quinta do Anjo

The land of wine, Fado and very friendly people! Portugal, because that is the country we are talking about, is another country where Exact Systems services are available. Our office is in Quinta do Anjo in Setúbal district, 30 minutes south-east of Lisbon by car. The area of Setúbal does not disappoint, we have stunning beaches here, wonderful landscapes, great sights, tasty Portuguese cuisine full of fish and seafood and splendid wines.



Hanging bridge - Ponte 25 de Abril

Quinta do Anjo is located only 40 kilometres from Lisbon, yet to get to the capital we need to cross the popular suspension bridge Ponte **25 de Abril,** which due to its structure and colours is often compared to the Golden Gate bridge in San Francisco. Going over the bridge is an attraction itself. You can admire the view of the capital, the **Alfama** district and ships on the **River Tejo** from a height of 70 meters.

Lisbon

Lisbon is one of the most climatic European capitals, and its big attraction is that you can see all important places within walking distance. Make sure you have good shoes, a bottle of water, sun cream with a strong filter and set off into the

unknown: Monument to the Discoveries, Belem Tower, Tram 28, Santa Justa Elevator, the Hieronymites Monastery, the National Azulejo Tiles Museum. In the evening have supper at the sounds of Fado, and for the main dish you should definitely order dried cod which is a local specialty here! www.visitlisboa.com

Sintra

In nearby Sintra visit Quinta da Regaleira, a secret garden and mansion filled with elements directly connected with the Masons or Rosicrucians. There is Initiation Well, Chapel of the Holy Trinity, a network of underground tunnels, Leda's cave and the mansion itself where the museum of masonry is located now. The park is large and has many hidden places; one can also climb the towers with

a view of the neighbourhood. Book the whole day for your visit!

www.regaleira.pt

Pena Palace

The magical and colourful **Pena Palace** is also located in Sintra. The castle was built in the place of a monastery which was totally destroyed during a huge earthquake in 1755. The Pena Palace was founded on the initiative of the queen's husband Ferdinand II and was designed by Wilhelm Ludwig von Eschwege, who despite the lack of architectural education accomplished the task perfectly. There are Arabic and medieval elements, as well as sea and exotic symbols in the construction. This connection of styles and inspirations makes for an electrifying impression. We highly recommend a visit to the interior of the palace and learn about the history of its owners. A walk around the exotic garden and forest stretching around the hill is also a must

www.parquesdesintra.pt

Castle of the Moors

Right next to the Pena Palace there is the Castle of the Moors built in the 8th century by the Arabs, to whom the Iberian Peninsula belonged at that time. Castelo dos Mouros stretches on a hill overlooking Sintra which makes it the best lookout point in the area. It hides many secrets and is the subject of numerous legends. There you can find a system of fortifications, towers and gates, drinking water reservoir for the castle's staff, granaries for cereal carved in the rocks and numerous archaeological posts with medieval burials. Knowing that hundreds of years ago people lived, worked, had fun and got upset there is tremendous!

www.parquesdesintra.pt

Cabo Espichel cape

All tourists that come to Portugal visit Cabo da Roca, the westernmost point of mainland Europe, but we recommend you visit Cabo Espichel cape where the views are much more beautiful and where in almost complete solitude you may contemplate the breath-taking surroundings. It is a place where the blue sky meets the sapphire of the ocean and foaming waves crash onto a steep cliff. You can find Nossa Senhora do Cabo Espichel shrine there which was the destination of numerous pilgrimages

in the 13th century. Right behind the shrine, at the edge of a precipice, there is the snow-white Senhor de Bomfim chapel, and a little further a **lighthouse** which is still in operation today. It is truly a unique place which will stay in your memory for ever.

Bacalhoa Vinhos de Portugal

Coming back from Cabo Espichel stop in one of the nearby wineries to have a tour with a tasting the Portuguese specialty. We chose **Bacalhoa Vinhos de Portugal**, a unique place of extraordinary history of wine tasting which we remember to this day! Apart from the winery you also have a chance to see the adjoining palace and learn of the history of its renovation.

www.bacalhoa.pt

Cruise on the bay

Do you enjoy watching nature? Great! In Setúbal you may take a **catamaran** and sail for a few hours around the bay. It is a great way to relax and admire the beautiful Portuguese landscape. During this trip you may also watch a school of **bottlenose dolphins** in their natural habitat and maybe even **flamingoes** which are the hallmarks of this area! Our tip? Watch out for the seagulls flying over hunting dolphins, hoping for a share in the feast! www.vertigemazul.com

Park Parque Natural da Arrábida

Unlike Lisbon, the city located on seven hills, the area of Palmela and Setúbal is flat and the trips (both walking and cycling) are enormously enjoyable here. It is worth adding, that it is located on the edge of the Park Natural Mountain of Arrábida whose microclimate and lush vegetation resemble Dalmatia, thousands of kilometres away. That is the place where James Bond saved the world in "On Her Majesty's Secret Service".

There are several beaches in the park: Portinho da Arrábida, Figueirinha, Galapos, Galapinhos (won the award of the best European Beach in 2017) – one of the most beautiful in the whole Portugal. Delicate white sands and different shades of blue of these clear waters contrast with deep greenery of the hills forming a breath-taking landscape ideal for relaxing and forgetting about the whole world (especially with a good book in your hand). This calm bay is perfect for snorkelling!

TIPS FROM LOCALS

3 drinking and eating tips

Marina Lounge

Docas dos Pescadores, Setúbal, +351 265 552 205

Nice place to relax with a cup of coffee or a drink. Their great toasts with tuna and seafood are a perfect idea for an afternoon lunch when all Portuguese restaurants are closed.

www.fb.com/Marina-Lounge-274301262716082

Cafe Galeria House of Wonders

Largo da Misericordia 53, Cascais, +351 911 702 428

Three floors and an observation deck filled with delicacies. You will find vegetarian and vegan tapas, healthy cakes, strong coffee and home-made sangria there. Beautifully served, colourful dishes stimulate the taste buds!

www.fb.com/houseofwonders

Sr. Lisboa

Rua de Sao Jose 134 136, Lizbona, +351 21 342 3512

Portuguese cuisine at its very best! There are different types of tapas available on the menu, perfect to share with a group of friends. Delicious sangria served in an unprecedented manner and fresh, crispy pastry. Please note, a reservation must be made well in advance! www.facebook.com/srlisboapt

3 accommodation tips

Chalet Saudade - Vintage Guest House

Rua Dr. Alfredo da Costa, 21/23, Sintra www.saudade.pt

Hotel Arangues

Rua José Pedro da Silva 15, Setúbal, www.hotelarangues.com

Arrábida House Golf & Arts

2950-580 Quinta do Anjo www.arrabidahousegolfarts.com

3 tips from locals



Fado is Portuguese national music. It is characterized by sad melodies and lyrics, often about the sea and the life of the poor. You can listen to Fado live practically every day: a melancholic song performed by one vocalist to the accompaniment of two guitars awakens real emotions!

Andrezea



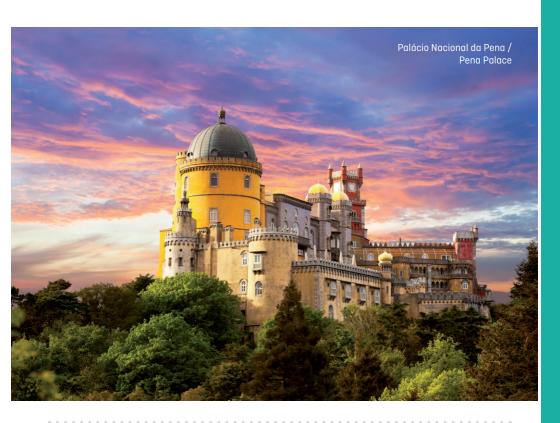
The restaurants are closed in an afternoon. They re-open at about 7 o'clock. That is the time when families and friends gather at the tables to have supper and a glass of Portuguese wine. They eat and talking until late.

Carlos



Every day in Setúbal there is a market with local food held Livramento Market which has won the award as one of the best markets in the world. There you will find the freshest fish, perfect seafood, flavoursome vegetables and ripe fruit. It is also the meeting place of the local community: it's loud and crowded but the atmosphere there is warm and magnetic.

Catarina



Quinta do Anjo's Exact Systems Checklist:
Take a photo of colourful dolphins at the promenade in Setúbal.
Eat cod in five different dishes in one of local restaurants.
Take a real Instagram photo at Pena Palace.
Go down to the very bottom of the Initiation Well in Quinta da Regaleira.
Buy a souvenir of ornamental Azulejo tile.
Take a walk at Cabo Espichel.
Try out a pastel de nata biscuit.
Listen to a new audiobook sunbathing on Portinho da Arrábida beach.
Try Portuguese wine tasting.
Go the shopping at Setúbal Market.



EVENTS

Festival Musica de Setúbal

A unique, cultural phenomenon, connecting the music of internationally recognized artists with local community music. You can listen to alternative, folk and fado musicians here, as well as the whole orchestras. A great artistic experience! www.festivalmusicadesetubal.com.pt

Lisbon & Sintra Film Festival

LEFFEST has taken place in Portugal every year since November 2007. It is a meeting place of film, culture and artistic people together with a film festival. Apart from film shows, there are also conferences, lectures, master classes, concerts, exhibitions and symposiums organized there.

www.leffest.com

Festival of Wine, Bread and Cheese in Quinta do Anjo (Festival Queijo, Pão e Vinho)

Spring celebration of local products at its best. Testing regional cheese, pastry and wine coupled with the artists and musicians' performances and sheep exhibition. Over 18,000 participants visited the festival in 2018.

www.facebook.com/queijopaovinho

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Bom dia! / Boa tarde! / Boa noite!
Good bye	Adeus!
Thank you	Obrigado!
Please	Por favor!
Excuse me	Desculpe!
Yes / No	Sim / Não
How are you?	Como Está?
Where is?	Onde é?
How can I get to?	Como é que chego a?
Can you help me?	Pode-me ajudar?
Do you speak English?	Fala Inglês?
I am sorry, I do not understand	Desculpe, eu não percebi
How much is this?	Quanto custa isto?
Do you have available rooms?	Tem quartos disponíveis?
Is this table free?	Esta mesa está livre?
I would like to order	Gostaria de pedir
May I have the bill, please.	Pode dar-me a conta, por favor?
The food was delicious	A comida estava deliciosa!
You look amazing!	Você está fabulosa!
Nice to meet you	Prazer em conhecê-lo!
My pleasure	O prazer foi meu!
It is going to be a good day	Vai ser um dia fabuloso!
I love you!	Amo-te!
A pint of beer, please	Uma cerveja, por favor!



FUN FACTS

- 1. Portugal has not changed its borders since 1139 which makes it the oldest country in Europe.
- 2. There was an earthquake with a magnitude of 9.0 on the Richter scale on 1st November 1755 followed by a tsunami wave and fires. 85% of buildings were completely destroyed and 275,000 people died. It was one of the biggest earthquakes in the history of Europe.
- 3. From 1808 to 1821 Rio de Janeiro was the capital of Portugal the only capital of a European country outside the territory of Europe.
- 4. The Portuguese know 365 dishes based on cod one for every day of the year.
- 5. Driving on the left side of the road was obligatory until 1st June 1928.
- 6. The longest bridge in Europe was built in Portugal. Vasco da Gama bridge is located on the outskirts of Lisbon by river Tejo and is 17 km long.
- 7. The oldest bookshop in the world Bertrand is located in Lisbon it was founded in 1732.
- 8. Slave trade has been forbidden in Portugal only since 1850.
- 9. Portugal is famous for its waves and is a dream surfers' destination.



Azulejos - painted tin-glazed ceramic tiles



Cabo Espichel

O EXACT SYSTEMS

QLS Automotive was founded in 1986 in Great Britain. In 2018, QLS was acquired by Exact Systems - an international leader in the quality control solutions. José Costa is the General Manager.

QLS SL

Parque Industrial Autoeuropa, CCI 10201 2950-557 Quinta do Anjo, Portugal hotline: +351 212 137 606 I e-mail: office@exactsystems.pt



Moscow

The capital of Russia and the largest city of this country. There are streets of 6 lanes each way and the housing blocks stretch for miles. It is where the West meets the East, and history meets modernity. It is the seat of Exact Systems Russian branch. Moscow is full of contrasts: grey and colourful, poor and luxurious, beautiful in its ugliness. One visit is definitely not enough to get to know the city, but it will let you feel its charm and atmosphere for sure.



Kremlin (Кремль)

on the left bank of the Moskva river there is a place which remembers all the important decisions of the czars. The way it looks now has been shaped over the course of nearly 800 years! The first wooden tower at Borovitsky Hill was built in 1147. Over the next centuries it was expanded by further buildings, walls, towers and shrines. The Kremlin is an impressive complex of buildings and the heart of Moscow. It was added to UNESCO World Heritage Site list in 1990. Today, the Kremlin serves two functions: it is an official residence of the Russian President and it houses the main museum of the country - the Kremlin Armory. You can see Cathedral Square there with adjacent Cathedrals and Ivan the Great Bell Tower. www.kreml.ru

Cathedral of Vasily the Blessed

(Собор Василия Блаженного)

A stunning building which is the landmark of Moscow which was built by order of Ivan the Terrible. At the beginning, there were 8 churches covered by domes on the foundation: 4 small,

Subway

(Московский метрополитен)

300 kilometres of tracks, 200 stations, 4,500 carriages and the most beautiful stations one can imagine: Komsomolskaja, Prospekt Mira, Nowosłobodskaja, Płoszczad´ Riewolucyi... Lavish, richly ornamented, full of gold, mosaics, rich architecture, sculptures, galleries and crystal chandeliers. It is worth a visit it for sure. There is no other such an atmospheric subway in the whole world. www.mosmetro.ru

square churches and 4 octagonal ones. Each of them symbolizes one day of the battles of Kazan. An additional 9th church was ordered to be built by czar Fyodor I Ivanovich in 1588. Sacral icons and walls painted with ornaments in the shape of flowers inside the church are worth your attention. *Red Square, Moskwa*

Historical Museum

(Государственный

исторический музей)

The State Historical Museum whose collection consists of ca. 4.5 million exhibits is a special treat for Russian history lovers. The exhibition contains archaeological findings, ancient tools, jewellery, items of bronze and stone, a collection of maps of Moscow, original costumes, accessories, furniture and other items of everyday use. To appreciate the wealth of knowledge accumulated there, it is worth knowing that only 0.5% of the whole collection is made available to visitors!

www.en.shm.ru

Bolshoi Theatre (Большой театр)

Globally renowned Great Theatre which is the house of ballet and opera. While in Moscow, take advantage of the cultural wealth in a beautiful, melodious language and see one of Russian classic shows.

www.holshoi.ru

Red Square (Красная площадь)

The Red Square was entered on UNESCO World Heritage List as the first premise in Russia in 1991. And no wonder – a famous square 70 meters wide and 330 meters long, adjacent to the walls of Kremlin seems to be familiar to everybody. That is the place where numerous manifestations, parades and processions took place. We can find the most important tourist attractions of Moscow by the square: The Kremlin, Historical Museum, GUM (State Department Store) and the Cathedral of Vasily the Blessed.

Gorky Park

(Центральный парк культуры и отдыха имени Горького)

It is worth knowing that Moscow does not only mean buildings and concrete, but also lots of green parks where the inhabitants go to rest, relax and spend their time actively in the fresh air. The most popular one is Gorky Park which was thoroughly modernized in 2011. You can walk there from the city centre or get there fast by the underground (Park of Culture stop). How to spend your time there? Depending on the season, you may visit an outdoor cinema, a gym, skate park, rent a pedal boat, walk or relax to the sound of a fountain. *Krymskiy Val 9, Moskwa*

Sparrow Hills

(Воробьёвы горы)

Sparrow Hills from which we can admire a magnificent panorama of the whole of Moscow completely for free. Truly breath-taking, especially at night when illuminated buildings complement a starry sky. Apart from the observation platform, you will find 320 meters long ski jumping hill there and at the height of the river wharf there is a chairlift.

Arbat (Apбat)

there is no better place to feel the atmosphere of the city than in the street of artists. The tenements there are witnesses of the extraordinary past of this longest pedestrian street in Moscow: you will easily find the houses of Pushkin, Tolstoy, the monuments of Okudzhava, as well as Natalie and Alexander Pushkin. Thanks to numerous cafes adjacent to shops with souvenirs, the Arbat is always full of musicians and buskers. It is always vibrant.

Friendship of Nations Fountain

(Фонтан Дружба народов СССР)

This is 24 meters high; it looks beautiful from both near and far. It presents sixteen sisters – republics symbolizing countries of the former Soviet Union. Every gold-plated statue has a symbol of the country which it embodies. After the collapse of the USSR, the fountain was forgotten and fell into ruin. Now, however it has been restored to its former glory and it is truly impressive thanks to its rich gildings and craftsmanship.

Prospekt Mira 119, Moskwa

TIPS FROM LOCALS

3 drinking and eating tips

Lavkalavka Restaurant

Petrovka 21/2, +7 4956212036

A place with a unique atmosphere, informal but sophisticated. The meals are delicious and served in a fancy way. The service is of highest possible standard. It is worth ordering steak tartar and beetroot soup. www.restoran.lavkalavka.com

Restaurant Matryoshka

Kutuzovski Prospekt 2/1, +7 4951546568

Trying out local cuisine while travelling is always a good idea! A wide range of dishes, excellent food at affordable prices. Try the apple tart for dessert. A stunning, modern interior with lots of copper and brass elements is truly an advantage of this place. www.matryoshka-rest.ru

Rumka Vodki Leps

Petrovka 30/7

A great place to feel the Russian spirit, take a seat with your friends and enjoy a nice, homely atmosphere. A large variety of liqueurs at affordable prices are on offer. Wonderful service makes you want to go back there as soon as possible. www.rumkabyleps.ru

3 accomodation tips

The Ritz-Carlton, Moscow Tverskaya Street 3, +74952258888 www.ritzcarlton.com

Metropol Moscow

Teatralniy Proezd 2 , +7 4951535683 www.metropol-moscow.ru

Hotel Sovietsky

Leningradskiy Prospect 32/2, +8 4959602000 www.sovietsky.ru

3 tips from locals



By Smolenskaja underground station you can find the monument of legendary British detectives founded by the British Embassy. Legend says that if you sit between Sherlock Holmes and Doctor Watson and make a wish, you will be lucky forever! That is the only monument of its kind in the whole world!

Valeria



The best time to explore Moscow is in the early morning: between 5 and 7 am. When the city is waking up, cafes are serving delicious breakfasts and metro stations are not so crowded yet. Sunrises are truly beautiful.

Maria



If you have a sweet tooth than you will be glad to hear that the museum of chocolate is located right in Moscow. In the Choko Museum you will become familiar with the backdrop of the bagels production process: from a cocoa bean to a ready -to-eat bar, you can try chocolate treats and stock up for your return home in the museum shops. Remember to book your visit on www.chokomuseum.ru.

Alexander



Moscow's Exact Systems Checklist:
Visit the Russian Museum of Vodka.
Try out the trail of "Master and Margarita" by Mikhail Bulgakov walking tour.
See a ballet at the Bolshoi Theatre.
Take a photo of the stunning Cathedral of Vasily the Blessed.
Visit Tagonsky Protected Command Point (Bunker 42) underground shelter built in case of nuclear threats.
Take the underground to get to the most beautiful stations: Komsomolskaya and Slavyansky Bulvar.
Take a rest in one of Moscow's parks.
Take part in an evening dance lesson in Gorky Park.
Go shopping in the State Department Store (GUM).
Try out Russian delicacies: blini, solyanka and coulibiac.



EVENTS

Maslenitsa

Celebrated 7 weeks before Easter, it lasts a week and is time of feasts and fun. The participants of the festival have a chance to try out 170 different kinds of blini with various fillings. There are also different kinds of games and events awaiting them: theatre and dance shows, masquerades, exhibitions, cooking and calligraphy workshops. It is an event for the whole family and thanks to a wide range of available entertainment, everyone will find something for him/herself.

www.mos.ru

Moscow Stars

The main attraction in May – a series of classical music concerts organized by the Moscow Philharmonic Society.

Moskiewskie Dni Miasta

This holiday was established by Boris Yeltsin in 1986 to honour the founding of the city. The celebrations are organized during the first weekend of September; on Saturday a colourful parade goes down Tverskyaka street towards the Red Square where the main celebrations take place. There are also free cultural events and evening firework shows organized; you may try street food and spend time at the funfair.

www.mos.ru

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Доброе утро! / Добрый день! / Добрый вечер!
Good bye	До свидания!
Thank you	Спасибо!
Please	Пожалуйста!
Excuse me	Извините пожалуйста
Yes / No	Да / Нет
How are you?	Как дела?
Where is?	Где находится?
How can I get to?	Как я могу добраться до?
Can you help me?	Вы можете мне помочь?
Do you speak English?	Вы говорите по английски?
I am sorry, I do not understand	Извините я не понимаю
How much is this?	Сколько это стоит?
Do you have available rooms?	У вас есть свободные номера?
Is this table free?	Это место свободно?
I would like to order	Я хотел бы заказать
May I have the bill, please.	Можно просить счёт?
The food was delicious	Это было очень вкусно
You look amazing!	Ты выглядишь красиво
Nice to meet you	Приятно познакомиться
My pleasure	Мне это в радость
It is going to be a good day	Это будет хороший день!
I love you!	Я люблю тебя!
A pint of beer, please	Дайте мне, пожалуйста, кружку пива.







State Historical Museum in Moscow

FUN FACTS

- Russia is a multinational and multicultural country. There are over 100 different nations.
- 2. At the closest point, the distance between Russia and America is only 4 km.
- 3. The most popular computer game ever Tetris, was created in 1985 by a Russian, Aleksiej Pazhitnov.
- 4. Moscow is often referred to as the city of bridges. There are 490 of them in the whole metropolis!
- 5. Nevyansk, the tower located in Sverdlovsk region was equipped with a lightning rod quarter of a century before it was discovered by Benjamin Franklin.
- 6. Siberia accommodates over 25% of all forests.
- 7. There are 74 billionaires living in Moscow. Three times more than in New York.
- 8. In the territory of the Russian Federation there are 10 different time zones more than in any other country.
- 9. From 2014 on, Moscow has the so-called tourist police who are responsible for the safety of tourists and guests visiting the capital of Russia.
- 10. Driving a dirty car is a criminal offence in Russia. If a policeman decides that the vehicle is too dirty, the driver is given a fine of 2,000 roubles.



Interior of the Moscow metro

About Exact Systems Russia

The Russian subsidiary was founded in 2010. Victoria Lvova is the General Manager.

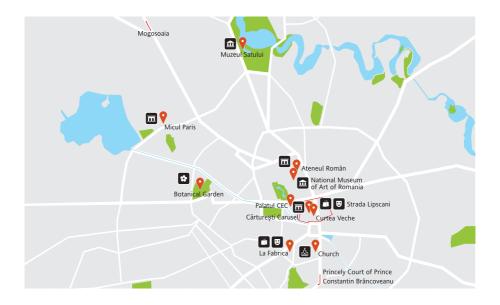
AO Exact Systems

Khoroshevskoe highway, 32A, bld.22, office 428 I 123007 Moscow tel. +7 (499) 701 99 36 $\, \mathrm{I} \,$ e-mail: office@exactsystems.ru



Bucharest

Bucharest — the capital city of Romania, is the town where you will find the registered office of the Romanian branch of Exact Systems. It is located in the southeast of the country on the banks of the River Dâmboviţa. It is a place of contrasts: the ornate secession palaces with the modernistic tenant houses and the socialist realist residential areas and governmental architecture. The town that has scars of the previous centuries, but it intrigues, surprises you and is likable when you get to know it! It is a grateful city: if you set out to wander around it without any prejudices nor a head full of the stereotypes, it will return a favour and you will encounter here warm-hearted people, splendid wine, delicious cuisine and unforgettable impressions.



Little Paris / Champs Elysee / Royal Place / National Museum of Art

It is said that you have to get lost in Bucharest: have a look into a small street, touch the rotten walls, go through the rusty gate. Then you will find the traces of **Little Paris (Micul Paris)** as Bucharest has its own Arc de Triomphe and the **Champs Elysee (Bulevardul Unirii)**.

Visit the Royal Place (Palatul Regal) which hosts the National Museum of Art of Romania (Muzeul National de Arta al României) with an exceptionally enhanced exposition. Here, the paintings of Van Eyk, Bruegel, Rubens, Rembrandt, Renoir, Picasso, Monet and the other splendid European and Romanian painters can be found. The building of the museum was severely damaged during the 1989 Romanian Revolution; however, it was rebuilt with great attention to detail.

www.mnar.arts.ro

Old Princely Court / Eastern Orthodox Church

The Old Princely Court (Complexul Curtea Veche) had been erected by Vlad the Impaler before the city became the national capital. The oldest **Eastern Orthodox Church in Bucharest**, many times destroyed, burned twice, inexhaustibly rebuilt and timelessly beautiful, is located there. Strada Franceză 25. Bukareszt

Ateneul Român

The Romanian Athenaeum (Ateneul Român) is an architectural pearl of Bucharest built in 1888 for the Romanian Atheneum Cultural Society. The building had also fulfilled a function of the parliament, and upon its bombardment by the Germans in August 1944, it was reconstructed and since that time it has been an auditorium and a seat of the Romanian Philharmonic Orchestra. We particularly recommend a concert in the fin de siècle interior!

www.fge.org.ro

Palace of the Savings Bank

While walking around Bucharest it is worth going to the Palace of the Savings Bank (C.E.C. Bank, short for Casa de Economii si Consemnatiuni, Palatul CEC) with a magnificent façade, which the arch is supported on huge pillars and the glazed dome. Only the Bucharest Old Town is missing as it was razed to the ground in order to erect this building/monument.

Calea Victoriei 13. Bukareszt

Muzeul Satului

One of the most interesting attractions of Bucharest is the Muzeul Satului open-air museum. The **National Village Museum** has a surface area of 15ha, on which are the peasant houses, taverns, churches, water mills and wayside crosses. It's a real-life history of inhabitants of the entire Romanian people.

www.muzeul-satului.ro

Botanical Garden

Also drop by to the **Botanical Garden (Grădina Botanică din București)** with more than 10,000 plant species. Go for a beautiful trip into the world of nature and peace. The orangery and the glasshouses, where there are tropical plants, huge

palm trees, banana trees, cactuses and wild ferns are particularly worthy of your attention! www.gradina-botanica.unibuc.ro

Princely Court of Prince Constantin Brâncoveanu

The Victory Avenue originally paved with oak beams (they no longer exist), the old **Princely Court of Prince Constantin Brâncoveanu** on the bank of the Dâmboviţa River with the **Mogosoaia** property, where a beautiful palace may be still admired.

Lipscani Street

On **Lipscani Street (Strada Lipscani)**, a popular promenade, you will feel the atmosphere of the Old Town, with the numerous eateries, restaurants and shops. Here Bucharest lives with a different rhythm, connecting the past with the present.

Cărturești Carusel

Do you like reading? Drop in to the Cărturești Carusel – the six-floor bookshop in the historical, restored town house built in 1903.

www.carturesticarusel.ro

La Fabrica

La Fabrica shows the artistic soul of Bucharest, interesting installations and colourful murals, which here neighbour with the vintage shops and vegan eateries. That is a magnificent, climatic place. www.fabrica-club.ro



TIPS FROM LOCALS

3 drinking and eating tips

Acurela Bistro

Strada Polonă 40, +40 726 96 76 00

The small bistro created by and designed by the creative people from Bucharest. Apart from a strong coffee, there you can find exhibitions, jazz concerts and theatrical performances. The garden with colourful umbrellas suspended over the tables looks great! www.acuarelabistro.ro

Restaurant Vatra,

Strada Actor Ion Brezoianu 19, +40 213 158 375

If you want to try really tasty, authentic Romanian food in a comfortable environment, the Vatra hits the spot! The best ciorba in the city can be found on its menu. There is also mămăligă that perfectly pairs with sarmale. The interiors are ornamented with the traditional Romanian decorations, and during the summer you can listen to regional music and watch the folk dances on its open terrace. When you pay a visit here, you gain the entire experience!

www.vatra.ro

Caru' cu bere

Strada Stavropoleos 5, +40 726 282 373

The first records of this place are dated back to 1879, when the brewery was founded here. The building of the restaurant is famous for its secession decorations and is really beautiful. The menu is as rich as the building interior. You may find here the traditional Romanian cuisine, and its quality may be evidenced by a fact that the Caru' cu bere restaurant is visited by crowds of the locals. The restaurant is open from 8:00a.m., so it can be a good place to have breakfast.

www.carucubere.ro







3 accommodation tips

Venis Boutique Residence

10 Strada Clopotarii Vechi, Sector 1, +40 771 116 331 www.venishotel.ro

Hotel Cismigiu

Bulevardul Regina Elisabeta 38, +40 31 403 0500 www.hotelcismigiu.ro

Crystal Palace Hotel Bucharest

Strada Căpitan Alexandru Şerbănescu 18-20, +40 21 233 2030 www.crystalpalacehotel.ro



The Old Court of Constantin Brâncoveanu

Botanic Garden

3 tips from locals



"We prefer to put wine on the table then the monuments in the streets", say the inhabitants of Bucharest. It can be felt in the atmosphere of the city, a joy of life of its inhabitants, lightness of being. When you arrive there, try to lose yourself in the atmosphere. Do not count time, have a look into the different small corners, search for the traces of the former splendour of the city, get to know the people.

Angela



Bucharest boasts its unpretentious, simple cuisine. It is mandatory to taste mămăligă, and the papanasi doughnut-shaped sweets for dessert. Go to the Pasajul Vilacrosse yellow glass covered arcaded street for your afternoon coffee. For these several days cease to count calories and relish the delightful food, whose exceptional flavour can be found only in Romania!

Eliza



If you want to bring an original souvenir from your trip to Romania, drop in to the Ping Pong Shop at 7 Intrarea Roma Street. It is an antique shop with rare interior accessories and vintage furniture. Do not forget to make a booking in advance for your visit to the shop!

Clara

Bucharest's Exact Systems Checklist:

Familiarise yourself with contemporary Romanian art in the Muzeul K.H. Zambaccian museum.
Try the traditional Romanian cuisine: mămăligă with bryndza cheese, mici sausages and papanasi doughnut-shaped sweets.
Go for a guided trip to the Parliament Palace.
Have a drink under the glass covered arcaded street of the Pasajul Vilacrosse.
Spend the whole day in the National Village Museum.
Discover a collection of the 150 historical cars in the Tiriac Collection.
Buy a book by your favourite author in the Carturesti Carusel (or take a perfect photo in its beautiful interiors).
Relax in the Botanical Garden.
Chill in the gardens of the Eden bar at 107 Calea Victoriei Street.
Go for a slow walk around the city.



EVENTS

George Enescu Music Festival

The prestigious classical music festival that attracts the best orchestras and the most renowned performers from all over the world. At the same time there is also a talent competition for young musicians.

www.festivalenescu.ro

Balkanik Music Festival

The small festival attracting the audience with its intimate atmosphere, beautiful scenery and carefully selected performers. Three days filled with Balkan music, Romany punk and more traditional sound of the trumpeteers. The festival stage is located at 1 Piaţa Gara Băneasa 1, and a pleasant chill out zone with the deckchairs is just nearby. www.balkanikfestival.ro

Târgul Meșterilor Populari

The craftmanship fairs are held each May in Bucharest that gather hundreds of craftsmen from all corners of Romania and visitors willing to familiarize themselves with the secrets of pottery, weaving, wood sculpture and many other folk arts. It is also an opportunity to taste regional wines and cheeses/cottage cheeses.

www.mtariicrisurilor.ro

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Buna dimineața! / Buna ziua! / Bună seara!
Good bye	La revedere!
Thank you	Mulţumesc!
Please	Te rog!
Excuse me	Mă scuzați!
Yes / No	Da / Nu
How are you?	Ce faci?
Where is?	Unde este ?
How can I get to?	Cum pot ajunge la?
Can you help me?	Poţi să mă ajuţi?
Do you speak English?	Vorbești engleză?
I am sorry, I do not understand	Îmi pare rău, nu înțeleg
How much is this?	Cât costă aceasta?
Do you have available rooms?	Aveți camere disponibile?
Is this table free?	Aceasta masă este liberă?
I would like to order	Aş dori să comand
May I have the bill, please.	Îmi puteți aduce nota, vă rog?
The food was delicious	Mâncarea a fost delicioasă!
You look amazing!	Arați extraordinar!
Nice to meet you	Încântată să te cunosc!
My pleasure	Plăcerea mea!
It is going to be a good day	Aceasta va fi o zi bună!
I love you!	Te iubesc!
A pint of beer, please	Un pahar de bere, va rog!



Interiors of the Romanian Parliament

FUN FACTS

- 1. The national Romanian sport is gymnastics.
- 2. A Romanian inventor, Henri Marie Coandă, designed and constructed the first jet aircraft in the world known as the Coanda-1910.
- 3. The Scarisoara is the second biggest underground glacier in south-eastern Europe, which is situated under the Bihor Mountains in Romania. It has a surface area of 75,000 square meters. It formed more than 500 years ago!
- 4. The Romanian leu is the currency of Romania, which is subdivided into 100 bani. What might be interesting the banknotes are printed on a plastic polymer.
- 5. Romania is the ninth biggest wine producer in the world.
- 6. In this country was issued the smallest banknote in the world, which is a 10-bani (Romanian leu is subdivided into 100 bani) banknote. It measures (printed area) 2.75cm (width) x 3.8 cm (length).
- 7. Timisoara was the first European city that introduced horse trams in 1869 and the electric street lighting in 1889.
- 8. Vlad the Impaler, known for his cruelty, but also bravery a literary archetype of Count Dracula is one of the Romanian national heroes.
- Săpânța and Baia Mare localities are famous for the colourful graves developed from family paintings, which present scenes from the life of the deceased and poems, in which these people are described. It is called the Funny Cemetery.
- 10. The Transfagarasan mountain road (Transfagarasan) a 90-kilometer long national road running through the Southern Carpathians is the "world's best road trip" according to the Top Gear Team.



Arcul de Triumf - a triumphal arch dedicated to all soldiers who fought for Romania

About Exact Systems Romania

Exact Systems SRL was founded in 2013. Iulian Tomescu is the General Manager.

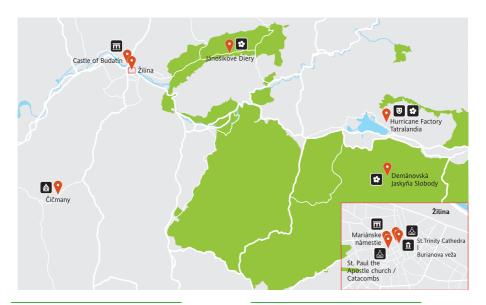
Exact Systems SRL

Bulevardul Unirii, No. 27, Bloc 15, Sc. 1, Et. 7, Apt. 19, Sector 5, Bucharest tel. +40 31 8052001 I e-mail: office@exactsystems.ro



Žilina

Žilina is the fourth largest city in the Slovak Republic. Surrounded by mountains, Žilina lies where Rajčanka and Kysuca flow into the River Váh, on the north-western part of the Žilina Valley, Slovakia's largest car production centre. That is why it also became the home of our Slovak branch. However, Žilina together with the region of Horné Považie is also an attractive tourist destination. It is worth visiting Žilina - the "pearl of the Váh": discover its rich history, see the monuments, try "halušky" - dumplings with bryndza cheese in one of the local restaurants. And, make friends with Slovakia because it is a truly unique place on Earth!



Historic centre

The most important part of the city is its historic centre around the St. Mary Square (Mariánske námestie) with characteristic tenement houses from different periods of history, the town hall, the church of Conversion of Saint Paul and many restaurants and shops. There is also a Baroque sculpture of the Immaculate Virgin Mary from 1738: Our Lady stands on a globe and a crescent with a human profile, stepping on a snake with one foot. In the middle of the square stands a **fountain**, and the passers-by can relax on one of the numerous benches along one of the most beautiful and longest pedestrian streets in Slovakia. It's a very calm place with a lot of positive energy. Since 1987, the historical centre of Žilina has been an urban protected area.

Defensive wall

In the upper part of the defensive wall of Žilina (Horný Val) is the Burian Tower (Burianova veža). In the past, it served as a belfry and an observation point in the event of a threat of attack; today it is available to visitors for half-hour trips. The free standing Burian Tower is one of the oldest Renaissance belfries in Slovakia and resembles an Italian urban bell tower called a campanile.

www.tikzilina.eu/burianova-veza

Mountains

The city is surrounded by **mountain ranges**, where you can admire beautiful nature, ride a bike, go skiing or hiking. In the area of Malá Fatra, near Žilina, you can visit Jánošíkove Diery - a picturesque network of canyons and gorges with 20 beautiful

waterfalls, rock formations of various shapes, secret footbridges, ladders, chains and beautiful fauna and flora. You can choose one of four routes. The short route is ideal for families with children and seniors due to the small difference in elevation, but the longest route is the most beautiful.

Biely Potok 664, 013 06 Terchová

Demänovská Jaskyňa Slobody

Demänovská Jaskyňa Slobody is considered one of the most beautiful caves in Europe and enchants you with beautiful, colourful rocks. This tour route is 1800-metre-long having over 900 stairs. Inside the cave you can admire stalagmites, stalactites, stone waterfalls, lakes with pearls, Jumpers' Drop, as well as a cave waterfall with a length of 60 m or so-called cave organs - a collection of stalagmites producing music sounds when you hit them. The temperature inside the cave does not change and stays at 7°C throughout the year. It is the most visited cave in Slovakia. www.ssj.sk

Village of Čičmany

Half an hour south of Žilina, there is a small village of Čičmany, which is famous for its "gingerbread cottages", i.e. log cabins with typical white ornaments, as well as original embroidery in golden shades, folk magic and rich traditions. The village has over 130 houses, the best of which are the two-storey House of Raden and the one-storey House of Gregory adjacent to it. Čičmany is a perfect place to try the local Slovak cuisine too!

Castle of Budatín

Although the Renaissance castle of **Budatín** (**Budatínsky zámok**) has been undergoing a major refurbishment since 2007, you can see some of the collections of the **Považské Múzeum** in the field of wire art, natural science, history of transport and archaeology. You can see here a unique exhibition of wire craft products. It is also worth going for a walk on the near-by extensive **park** which ends in the basin of the Váh and Kysuce rivers. Exotic species of trees grow here.

www.pmza.sk

Railway station

In Žilina, it is worth paying attention to the railway station. Although at first sight grey and

gloomy, it stands out with its beautiful stained-glass windows on the wall in the main hall from the city side. The artists of these small works of art are local painter Fero Kráľ and Robert Dubravec. The five stained glass windows depict coats of arms and traditional folk costumes of the towns of Žilina - Liptov, Orava, Čičmany, Kysuce, and Žilina P. O. Hviezdoslava, Żylina

Catacombs

Lovers of dark stories are invited to discover the secrets of the catacombs lying under the Conversion of St. Paul the Apostle church (Kostol Obrátenia sv. Pavla Apoštola) at Our Lady Square. Once, the dead were buried here, later they served as larders, during the Second World War they were the shelter for Jewish children. The catacombs will surprise you not only with their size, but also with their history and legends associated with them. Several times a year tours are organized by the Tourist Information Office in Žilina www.tikzilina.eu

St.Trinity Cathedral

In Žilina was built around 1400 in a place of the old 13th century castle. Although designed in Gothic style, after three fires and reconstruction it took on Renaissance features. The destruction was completed by an earthquake in 1858. Now it's a cathedral with a more than a fifty-meter tower from the late nineteenth century. The temple has got a stone tairway with a balustrade, and in front of it there is a small **fountain** and a **monument of St. Cyril and Methodius**. The whole building exerts a huge impression on its visitors!

Horný Val 1, Żylina

Hurricane Factory Tatralandia

Do you feel like a little more adrenaline-raising entertainment? **Hurricane Factory Tatralandia** is an aerodynamic tunnel in which you can try flying and free floating. In a glass flight chamber with a diameter of 4.3 m and a height of up to 14 m, the air reaches a speed of 270 km/h and allows you to feel a real thrill!

www.hurricanefactory.com

TIPS FROM LOCALS

3 drinking and eating tips

PyszVilla Nečas

Pri Celulózke 3494, +421 41 509 10 01

The best restaurant in the Žilina Region offers the latest trends in gastronomy and uses plenty of seasonal food ingredients. Guests can choose from a variety dishes on the menu, all in pleasant interiors both in the restaurant and in the underground wine basement with the original ceiling vault.

www.villanecas.sk

Trattoria

ul. Jozefa Vuruma 145/5, +421 41 564 35 55,

Italian, Slovak and international cuisine at their best. Fresh ingredients, grilled delicacies, home-made desserts and a terrace make it a place popular with the locals.

www.dobree.sk

VegGo Bistro

Kálov 352/7, +421-911242981

Slovak cuisine is based on meat dishes, so finding vegan ones in restaurant menus can be a bit of a challenge. However, vegans can go to VegGo Bistro.

A cosy bistro with delicious street food and a wonderful terrace is a place worth visiting. We especially recommend burgers with seitan (wheat protein)! www.fb.com/VegGoBistro

3 accommodation tips

Penzión Central Park

s.r.o., Sad SNP 663/18 www.penzioncentralpark.sk

Hotel Dubná Skala

Hurbanova 345/8 www.hoteldubnaskala.sk

Hotel Aphrodite

Osloboditeľov 131/4, Rajecké Teplice www.hotel-aphrodite.com

3 tips from locals



Choose the right weather for your visit to Slovakia. Winter is perfect for skiers; in spring and autumn it is a good idea to hike down the Slovakian routes. In summertime enjoy spa pools and visit caves.

Iana



Go to one of the performances at the oldest professional puppet theatre - Puppet Theatre in Žilina. The repertoire of the theatre includes adaptations of old classic folk tales. It's a unique experience and history lesson in one!

Peter

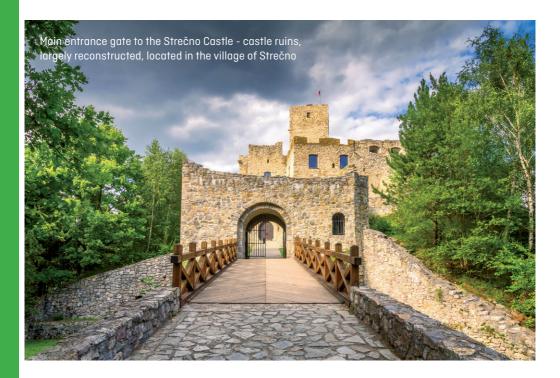


The City hall of Žilina organizes cultural events every year. When planning visits, it is worth considering the "cultural calendar". Old Town celebrations, Medieval Day, Carneval Slovakia Žilina, Žilina Cultural Summer, Fest Anča, Festival of Puppet Theatres everyone will find something for themselves!

Mária



Žilina's Exact Systems Checklist:
Take a beautiful photo of the houses in Čičmany.
Spend a relaxing time in one of the nearby spas.
Fly at the Hurricane Factory.
Learn about the history of the historic tenement houses on Our Lady Square.
Listen to legends while visiting the catacombs under the Conversion of Saint Paul the Apostle church.
Find your favourite exhibit in the modern art gallery of Považie.
Try the seitan (wheat protein) burger at VegGo Bistro.
Visit the "Fatra "House of Art in which was hosted the premiere the first Slovak film "Jánošík" back in 1921.
Find all 81 QR codes posted on the important buildings of $\check{\text{Z}}\textsc{iling}$ and learn about their history.
See the exhibition on the history of transport at the Museum of Považie in the



EVENTS

Old Town Festival

A three-day festival combined with a handicrafts market is the time when artists take over the city. Colourful parades, impressive displays and music you can hear everywhere are all a guarantee of great fun.

www.tikzilina.eu

Jánošík Days in Terchová

Once a year, the area around Žilina becomes the capital of folklore during the international folklore festival called Days of Jánošík. The event stands out for its originality and has already been voted a tourist attraction of the year twice! www.janosikovedni.sk

Rajec Marathon

Sports challenges in beautiful natural circumstances? The Rajec Marathon has become a permanent fixture in joggers' calendars and with each passing year is enjoying more and more interest, also among tourists!

www.rajeckymaraton.sk

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Dobré ráno! / Dobrý deň! / Dobrý večer!
Good bye	Dovidenia!
Thank you	Ďakujem!
Please	Prosím!
Excuse me	Prepáčte!
Yes / No	Áno / Nie
How are you?	Ako sa máš?
Where is?	Kde je ?
How can I get to?	Ako sa dostanem do ?
Can you help me?	Môžete mi pomôcť?
Do you speak English?	Hovoríte po anglicky?
I am sorry, I do not understand	Prepáčte, nerozumiem
How much is this?	Koľko to stojí?
Do you have available rooms?	Máte voľné izby?
Is this table free?	Je tento stôl voľný?
I would like to order	Chcel by som si objednať
May I have the bill, please.	Môžem poprosiť účet?
The food was delicious	Jedlo bolo vynikajúce!
You look amazing!	Vyzeráš nádherne!
Nice to meet you	Teší ma!
My pleasure	S potešením!
It is going to be a good day	Vyzerá, že bude dobrý deň!
I love you!	Ľúbim ťa!
A pint of beer, please	Jedno pivo, prosím!





Budatín Castle in Žilina

Strečno Castle

FUN FACTS

- Slovakia has got the Europe's longest network of marked hiking trails, with a total length of almost 13,000 km.
- 2. The first people inhabiting the present territory of Slovakia were the Celts.
- Košice is the host of the second oldest marathon in the world that takes place annually.
- 4. Slovakia is the world leader in the number of cars produced per capita.
- 5. The stairs of the castle in Bratislava were adjusted so that the queen Maria Teresa could ride them on horseback.
- 6. Bratislava is the only capital that borders on two countries: Hungary to the south and Austria to the west.
- 7. Slovakia is one of the three countries in the world where Coca-cola is not the most popular drink. It gives way to the locally produced Kofola!
- 8. The taste of Slovak cuisine is dominated by dishes made mainly from pork meat and potatoes. The Slovaks also like various types of goat's cheese.
- 9. Kolárovo, on the Little Danube, has got the Europe's longest bridge completely built of wood. The bridge stretches 86 meters long and 2.25 meters wide; it was built in nine days!
- 10. The Slovak language is called "Slavic Esperanto" because it is quite well understood by all Slavs.



Folk architecture in Čičmany

About Exact Systems Slovakia

Exact Systems Slovakia S.r.o. was founded in 2006. Radovan Meleš is the General Manager.

Exact Systems Slovakia s.r.o.

Jána Kalinčiaka 22 I 010 01 Žilina tel. +421 41 7231333 I e-mail: office@exactsystems.sk



İzmir

İzmir (formerly Smyrna), located on Aegean coast is the third largest Turkish city, and the second, apart from Istanbul, largest seaport. Located in a beautiful bay, it is an entirely modern city! Tolerant, open, moving with the times. That is why we chose this place for the location of our Turkish office. İzmir seems to reconcile ancient history with the pace of life in a modern big city perfectly. It allures travellers from all over the world with thousands of years of culture, intense life and stunning beaches. It welcomes you with its hospitality, colours and irresistible charm. It intoxicates you with the scent of fresh spices and tempts you with a variety of attractions.



Saat Kulesi

– marble **clock tower** from 1901 is the symbol of İzmir. It was built to commemorate the 25th anniversary of ascending to the throne by sultan Abdülhamid II, and it was designed by Raymond Charles Père – a resident of former Smyrna of European descent. People say that the clock of the İzmir tower has never stopped once since it was built! There is a legend though which says that it actually happened once: during an earthquake of 1974.

Agora

We can also find an ancient agora in İzmir. The market square was the political centre of the city. The agora in former Smyrna was founded in 4th century BC, though most of the elements that have been preserved are from the Roman period when it was rebuilt after an earthquake.

Kordon

Kordon is a popular İzmir **promenade and a meeting place**. You can walk here holding hands, drink some beer or Turkish coffee in one of numerous cafes, relax on a bench breathing in the scent of the sea, watch boats sailing in and out of the port or have a short ride in a carriage. You can also have an unforgettable cruise round the bay at sunset. There are endless opportunities and each of them guarantees the most exquisite moments!

Kültürpark

– paradise right in the centre of the İzmir metropolis and the green parks of the city. The **Exhibition Centre** where international events, multi-brand fair and art exhibitions take place every year has its seat here. The park is filled with **monuments of famous artists**; there is also a funfair, but it is the greenery that is the most important: palms, ferns and flowers bloom. It is an ideal place for a picnic or a walk.

www.kulturparkizmir.org

Archeological Museum

İzmir Arkeoloji Müzesi was officially classified as a regional museum in appreciation of the value of its collection. On the ground floor there is an exhibition about the most important civilizations which developed in the territory of historical region of Turkey - Anatolia. There is also an exhibition with stone statues, where the sculptures from the Roman period dominate the collection. On the first floor of the Museum there is a hall named after a Turkish archaeologist, professor Ekrem Akurgal with ceramic collections. The exhibition made of findings from nearby Ionian towns is presented in chronological (from Neolith to Byzantine times) and geographical order. We can also see here an exhibition of coins, glass items and jewellery from different historical periods.

www.izmirmuzesi.gov.tr

Bahribaba Park / Ethnographic Museum

Right next to the Archaeological Museum, on the area of Bahribaba Park, there is a place which is extremely rich with collections, that is the Ethnographic Museum (İzmir Etnografya Müzesi). We will find here exhibitions of traditional methods of handicrafts manufacturing by craftsmen and the interiors of houses of 19th century of İzmir and nearby areas. One of the exhibits is an interior of Ittihat Eczanesi – the first Turkish pharmacy opened in İzmir in 1903 which was relocated as a whole piece. In the Ethnographic Museum you will also find an exhibition of carpets and an exhibition devoted to camel wrestling which is a traditional Turkish sport.

www.izmirmuzesi.gov.tr

Izmir Wildlife Park

Is a well-designed and organized **zoo** where the animals look very happy. The tropical forest is where you can feel close to nature and birds, it is really awesome! The zoo was opened in 1937 on an area of 18 acres, and in 2008 it was extended to 425 acres, forming the **first zoological park and nature reserve in Turkey** at the same time. In the reserve you can admire, at the moment, over 1,500 species of animals and 250 species of plants! www.izmirdogalyasamparki.org.tr

Bazaar Kemeraltı

If you like shopping than İzmir is the right place for you! Visit the **biggest bazaar** – Kemeraltı, a lively place and the soul of the city where you can enjoy its bustling trade 7 days a week. You will find absolutely everything there: aromatic spices, small cafes with Turkish coffee, clothes, furniture, jewellery and local food. We recommend that you forget about the maps and leave mobile apps with satnay at home and just set off into the narrow streets. Getting lost and discovering amazing treasures of Kemeraltı is just part of the fun!

KEY Museum

Izmir also has something for the motoring fans. In nearby Torbala there is the biggest Turkish museum of cars: KEY Museum, which has a unique collection of historical cars and motorcycles. 170 models are presented in an area of 7,000 square kilometres: from a replica of "Reitwagen" by Gottlieb Daimler (1885) and the car of Carl Benz (1886), to modern, Italian sports cars. Before a given car appears in the exhibition; it is scrupulously restored to its original factory condition. It is a real titbit for lovers of four wheels! www.keymuseum.com

Çeşme

Çeşme is a holiday resort located only 85 kilometres from İzmir, on a **peninsula in Aegean Sea**. Turquoise water and golden sandy beaches are waiting here for those thirsty for the sun. It is a place of rest, where city inhabitants escape to have a rest from frantic pace of life at least for a moment. Kite surfing, sunbathing, flying kites, walking on the shore will let you relax and rest!

TIPS FROM LOCALS

3 drinking and eating tips

Roast and Found Co.

Bostanlı Mahalesi 2013 Sokak No:18/B Karşıyaka,

A modern coffee shop run by real enthusiasts. Apart from strong, aromatic, putting you on your feet coffee, we will find a delicious brunch menu here as well.

www.roastandfound.co

Gozlemecim

897 Sokak No: 19, Kemeralti +90 554 543 64 12

It is famous for Turkish dish gozleme which is a cake filled with spinach (traditionally) and feta cheese. Obviously, the stuffing may vary and that is the biggest advantage of this easy, yet tasty dish. www.instagram.com/gozlemecim.İzmir www.instagram.com/gozlemecim.izmir

Moresi Eski Koy

Ataturk Cad. No: 344/1 Sok., Alsancak, Kordon, +90 232 463 26 46

Dishes at Moresi Eski Koy delight both with their look and taste. You will eat a hearty Turkish breakfast consisting of starters, fresh pastry, home-made jams and local cheese here. The service is fast, and the personnel are kind and attentive. A nice garden with some umbrellas is an advantage too.

www.fb.com/moresieskikoy





3 accomodation tips

Hotel Apart Alsancak

Alsancak Mahallesi, 1483 Sok, Gönül Yazar Sokağı 24, +90 232 421 11 93 www.apartalsancak.com

Viva La Vita Butik Otel,

Alsancak Mahallesi, Can Yücel Sk. No.5, +90 232 400 01 01 www.vivalavita.com.tr

Mövenpick Hotel Izmir,

Kültür Mahallesi, Cumhuriyet Blv No:138, +90 232 488 14 14 www.movenpick.com



Library of Celsus

Camel trekking is an unforgettable adventure

3 tips from locals



You must visit the fish market! Rows of carefully stowed trout, tuna, mackerel and sea food are a paradise for every real foodie!

Alis



Go on a morning walk along the İzmir promenade! Rising sun reflects its own rays in the blue waters of the bay and there are numerous ships sailing by on the horizon. It is a truly breath-taking view. You can buy a ticket for one of the ferries sailing between the ports in İzmir to have your morning coffee on the deck and see the unique architecture of the city waking up!

Tinas



In Turkey coffee is not just a drink – it is a celebration. Preparing the brew takes time and waiting is filled with conversations over dried fruit. Remember: do not stir your coffee and leave some in the lower part of the mug so as not to finish up with some bitter grounds in your mouth!

Mustafa

Start your walk around the city from the Clock Tower. Do the shopping at Kemeraltı bazaar. Find a unique souvenir at Kızlarağası Han. See the panorama of the city from Asansör tower/lift. Visit the İzmir Agora. Learn the history of Turkey at Atatürka Museum. See an exhibition in the Ethnographic Museum. Try baklava, vegetarian mercimek kortesi and Turkish "pizza" lahmacun. Try afternoon sunbathing at Çeşme. Have a glass of Turkish, aniseed vodka rakı.



EVENTS

Alaçatı Herb Festival

Alaçatı Herb Festival takes place every year in April and is aimed at promoting environmentally friendly cooking methods and natural nutrition. The festival invites citizens and tourists alike to become familiar with the richness of nature: herbs come from all over the country and traditional dishes cooked with them. The dishes prepared from the herbs from the famous Aegean Sea region are then assessed by a jury. Everyone may join and carefully learn hundreds of types of herbs!

International Art. Festival in İzmir

The event covers a wide range of classical and modern music works, ballet, theatre and opera. It has been organised for thirty years. This summer festival in İzmir gathers national and foreign artists on its stages www.iksev.org

Coffee Festival in İzmir

The tradition of coffee brewing is very rich in Turkey. It is not surprising then that the Turks experiment with its varieties and preparation methods more and more often. Many coffee shops have opened in the streets and İzmir has finally become the host of the first fair for coffee lovers. Apart from the stands of companies offering coffee, you will also find live music, dance shows, workshops and delicious food at the festival. www.coffeefestivalizmir.com

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Günaydın! / İyi günler! / İyi akşamlar!
Good bye	Hoşçakal!
Thank you	Teşekkürler!
Please	Lütfen!
Excuse me	Özür dilerim!
Yes / No	Evet / Hayır
How are you?	Nasılsın?
Where is?	nerede?
How can I get to?	nasıl giderim?
Can you help me?	Bana yardım edebilir misin?
Do you speak English?	İngilizce biliyor musun?
I am sorry, I do not understand	Özür dilerim, anlamıyorum.
How much is this?	Bu ne kadar?
Do you have available rooms?	Boş odanız var mı?
Is this table free?	Bu masa boş mu?
I would like to order	sipariş etmek istiyorum.
May I have the bill, please.	Hesabı alabilir miyim lütfen.
The food was delicious	Yiyecek çok lezzetliydi!
You look amazing!	Çok iyi görünüyorsun!
Nice to meet you	Tanıştığımıza memnun oldum!
My pleasure	Zevkle!
It is going to be a good day	Bugün güzel bir gün olacak!
I love you!	Seni seviyorum!
A pint of beer, please	Bir büyük bardak bira lütfen!





Turkish coffee is not a drink, it's an opportunity!

Traditional Turkish buns

FUN FACTS

- 1. Ararat mountain is in Turkey. Noah's Arc ran aground there according to the
- 2. Istanbul is located in two continents Europe and Asia. There is no other such intra-continental city in the world.
- 3. There is a town called Batman in Turkey.
- 4. In Turkey the Children's Day means a free day, including no obligation to go to school. Offices do not work on that day too.
- Not supplying enough coffee by a husband may be a reason for getting a divorce in Turkey.
- 6. In the Halfeti region there are natural black roses growing.
- In Antolia city, the movie Star Wars was filmed. There is a movie city which you can visit.
- 8. Drunk drivers are taken 30 km away from the city. They have to get back home on foot. The confiscated car can be reclaimed after getting sober and paying a fine.
- 9. The currency in Turkey is Turkish lira, abbreviated to TL. The lira is 100 piasters.
- 10. The word "turquoise" originates from 17th century Turkey where the trade route went from Persia to Europe.



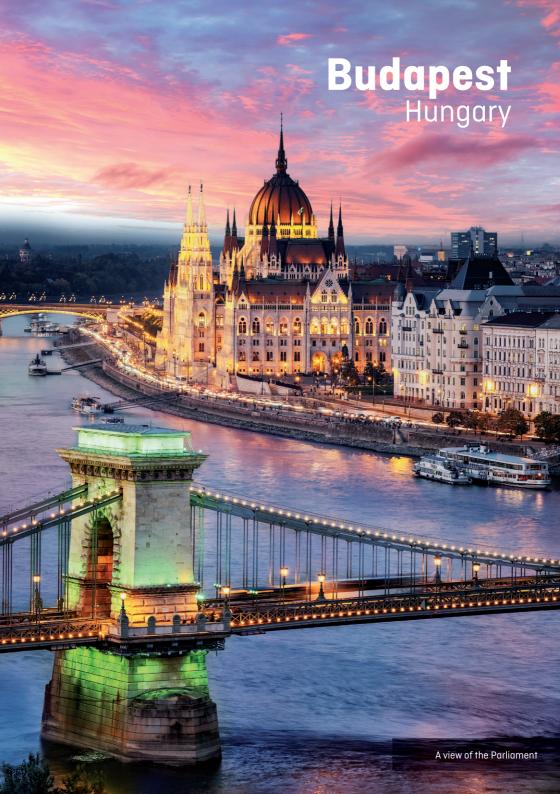
ÇEŞME Marina İzmir

About Exact Systems Turkey

The Turkish branch of Exact Systems was founded in 2012. Hakan Öcal is the General Manager.

Exact Systems KALITE KONTROL LTD. STI.

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Budapest

The capital of the Republic of Hungary, Budapest, has a population of 1.8 million, comprising one fifth of all inhabitants of this country. The city is situated on the banks of the River Danube and has an area of 525 square kilometres. The Hungarian Exact Systems company has its registered office here. This city, nicknamed 'Paris of the East', charms each tourist that comes to visit it.



The Hungarian Parliament Building

Országház) in Budapest is the most recognisable place in the capital; it is one of the largest national parliament monumental buildings in the world. The interior includes 691 rooms, 13 passenger and freight lifts, 27 gates, 27 entrances and 10 courtyards. In the richly decorated premises are meeting rooms, offices of the parliament members and even the seats of the Ministries. The monumental building is open for visitors and the Museum of the National Assembly is located in its basement. www.parlament.hu

Széchenyi Chain Bridge

The famous Széchenyi Chain Bridge (Széchenyi Lánchíd) has connected two parts of Buda-

pest: **Buda and Pest** since the 19th century. At the entrance to both parts of the bridge there are two stone lion statues. The bridge is a symbol of Budapest and looks splendid after dark. Dedicate just a while to it, have a seat on its structure and enjoy the panorama of the city. Fell the wind blowing across the Danube while observing the everyday life of the Hungarian capital.

Gellért Hill / Garden of Philosophy

Gellért Hill (Gellért-hegy) is the best place to admire a panorama of the city. It rises to a height of 235 meters and ensures the views of the River Danube, the Liberty Bridge and the Eastern district of the city – Pest. Today, you can find there the Citadel and the Liberty Statue with a symbol of the city –

a female figure holding aloft a large palm leaf and in the Middle Ages this place was recognised as a place of the witches sabbath! Be sure to discover the **Garden of Philosophy** on the northern slope – a small square with the statues of **eight thinkers:** Jesus Christ, Saint Francis of Assisi, Mahatma Gandhi, Bodhidharma, Lao Tzu, Abraham, Ikhnaton and Buddha.

Castle Hill

A Castle Hill situated just near to Gellért Hill is a site that is worth visiting. You can get there by escalator, traditional stairs or the **Buda Castle Funicular railway (Budavári Sikló).** The impressive castle and the breath-taking views are particularly recommended to be seen in the evenings. www.bkv.hu

Margaret Island

Where do the inhabitants of Budapest spend their leisure time? On Margaret Island (Margitsziget)! This is a charming place full of flowers, neat lawns, space for active leisure and swimming-pools. It is a perfect place to relax, picnic or romantic dates. It is worth going for a walk, riding a bike or going for a short jog around the island to fully admire its beauty.

Heroes' Square

One of the most important places in Budapest is the Heroes' Square (Hősök tere). The Millennium Monument in the middle of the square was erected to commemorate the 1000-year-old history of the Magyars and has a 36m pillar with a statue of the Archangel Gabriel. The statues of the chieftains led by Grand Prince Árpád can be seen on the stand below. Be sure to stop for a coffee in one of the neighbouring cafes.

Little Princess

The Statue of the Little Princess (Kiskirálylány) is a magic sculpture created by László Marton, modelled after his own daughter, who in her childhood loved to play in a little princess costume with a huge crown, made of newspaper on her head! If You are fond of challenges, try to find all figures from Budapest: the statue of the Little Princess, Girl with a Dog, a Fat Policemen, Lieutenant Columbo, Anonym, Philosophers and even Ronald Regan.

Széchenyi Thermal Bath

There are a lot of complexes with thermal water pools in Budapest and the most popular of these is the **Széchenyi Thermal Bath (Széchenyi Für-dő**). You may relax here in 21 indoor and outdoor pools all the year round. The saunas, jacuzzies and massages are available for guests too. It is a rest in a truly royal style!

www.szechenyifurdo.hu

Great Market Hall

The Great Market Hall (Vásárcsarnok Központi) is a large market next to Liberty Bridge. It comprises three floors of shops, stands, restaurants and food stalls. You can purchase fruit, vegetables, preserves, local goods and alcohol there. A real paradise! Vamhaz korut 1-3, Budapeszt

House of Terror Museum

The modern, multimedia House of Terror Museum (Terror Háza), dedicated to the history of the fascist and Stalinism regimes, instils huge emotions! We see destroyed streets, bombarded towns, people being shot, blood, etc. The entire museum is saturated in pain, human suffering, but it is also a perfect reminder for the thought that everyone of us is obliged to take care of peace in the world.

www.terrorhaza.hu

Fisherman's Bastion

Neo-Romanesque Fisherman's Bastion (Halászbástya) looks like a castle from Walt Disney's movies. It was erected at the turn of 19th and 20th century and is an observation point for the Parliament Building located on the other side of the River Danube.

www.fishermansbastion.com

Invisible Exhibition

60 minutes, seven rooms and... total darkness! The Invisible Exhibition is a unique journey guided by the blind or partially sighted that enables you to familiarise with and understand their life. Each room reflects an everyday situation, which becomes unimaginably difficult to manage when one of our senses is disabled.

www.lathatatlan.hu

TIPS FROM LOCALS

3 drinking and eating tips

Napos Oldal

Jókai utca 7., +3613540048

Napos Oldal offers delicious meals, which can be eaten there in a cosy interior. It is worth mentioning an apple pie melting in your mouth, totally sugar-free!

www.naposoldal.info

Bors GasztroBár

Kazinczy utca 10., +36709353263

Two former chefs decided to open a gastropub in the very heart of Budapest! The best quality food at affordable prices? We definitely say "yes"! www.fb.com/BorsGasztroBar

MOM Bio Market

Csörsz utca 18, +36309747772

A visit to a local market is always a good way to discover the culinary side of a new place. In the MOM Bio Market, you can find tasty Hungarian mozzarella, organic vegetables and fresh milk. All you need to prepare a perfect meal by yourself!

3 accomodation tips

A+A Budapest Hostel

Ferenc ter 2/1 www.booking.com

Hotel Moments Budapest

Andrássy út 8 www.hotelmomentsbudapest.hu

The Aquincum Hotel Budapest

Árpád fejedelem útja 94 www.aquincumhotel.com

3 tips from locals



Valuable tip for hot days: Gellért Hill has a specific microclimate – on the southern slope conditions resemble the tropical sun and on the northern slope one can find Scandinavian refreshment. Therefore, you should dress in layers and take a bottle with water with you.

Bettina



Are you looking for the an unforgettable experience? Take a wine tasting cruise on the River Danube. Hungarian wines and hospitality are well-known around the world!

Orsolya



Choose to do sightseeing with *BudapestLocals.com*! It is a group of inhabitants, who create extraordinary routes: from culinary experiences to the hidden corners of Budapest. All sprinkled with a powerful dose of curiosities about our city.

Szilvia



Széchenyi Chain Bridge

Budapest's Exact Systems Checklist:
Find the Shoes on the Danube Bank, a monument commemorating the victims of the Holocaust in Hungary,
Just try lángos – the famous Hungarian snack.
Go for lavender ice-cream to Lavendula.
Have a walk along the bank of the River Danube.
Take a bath in the municipal bathhouse.
Explore the Labyrinth of the Buda Castle (Labirintus) – the underground corridors of Budapest.
Taste wine in the Budafok district.
Go for a glass of beer (or a party) in the old pubs.
Take Tram no. 2.
Enjoy a panorama of the city form the Ferris Wheel.



Parliament Building

EVENTS

The Budapest Spring Festival

Includes classical music, opera, jazz and entertainment music, world music, dance, contemporary circus, theatre and the visual arts. It is one of the most beautiful and the richest cultural events in the whole of Europe. www.btf.hu

The Sziget Fesztivál

The greatest week-long Hungarian music festival held on Óbudai-sziget (Old Buda Island). The folk, rock and jazz artists perform on ten stages. www.szigetfestival.com

The Budapest Wine Festival

Takes place in September each year in Buda. For a few days, the most significant wine producers go to Budapest from the whole of Hungary giving you an opportunity to taste their best wines. Highly recommended! www.aborfesztival.hu/en

USEFUL PHRASES

Good morning / Good afternoon / Good evening	Jó reggelt! / Jó napot! / Jó estét!
Good bye	Viszontlátásra!
Thank you	Köszönöm!
Please	Kérem!
Excuse me	Elnézést!
Yes / No	Igen / Nem
How are you?	Hogy van?
Where is?	Hol van?
How can I get to?	Hogyan jutok el?
Can you help me?	Tudna nekem segíteni?
Do you speak English?	Beszél Ön angolul?
I am sorry, I do not understand	Elnézést, de nem értem.
How much is this?	Mennyibe kerül ez?
Do you have available rooms?	Van szabad szobájuk?
Is this table free?	Ez az asztal szabad?
I would like to order	Szeretnék rendelni egy
May I have the bill, please.	Megkaphatnám a számlát, kérem?
The food was delicious	Az étel nagyon finom volt!
You look amazing!	Nagyszerűen néz ki!
Nice to meet you	Örülök, hogy találkoztunk!
My pleasure	Számomra öröm!
It is going to be a good day	Ez egy jó nap lesz!
I love you!	Szeretlek!
A pint of beer, please	Egy korsó sört kérnék!



A panoramic view of the city

FUN FACTS

- 1. The oldest metro line in the mainland Europe has operated in Budapest since 1896.
- 2. Hungary is one of the leading world producers of paprika, which has wonderful rich taste there due to the climatic condition in the southern part of the country.
- 3. Tokai is a wine region situated on the border with Slovakia famous for the best white wines in the world.
- 4. The ball pen is an invention of László Bíró, a Hungarian artist.
- 5. Love Day is celebrated on 24th December in Hungary.
- 6. When you give no tip, it is considered a gross error and serious faux pas.
- 7. The Hungarians don't clink glasses when proposing a toast. According to a legend, 13 Hungarian soldiers were executed in 1848. The Austrian proposed a toast after each execution. Failing to clink glasses when proposing a toast is a way of honouring the generals.
- 8. Hungary has a "zero-tolerance" policy towards driving under the influence of alcohol.
- 9. The largest motor plant that manufactures, inter alia, V10-cylinder engines for the Audi R8 is situated in Győr.
- 10. Hungarian is considered as one of the most difficult languages in the world.



Little Princess Statue

About Exact Systems Hungary

Exact Systems Hungary Kft was founded in 2015. Sándor Szabó is the General Manager.

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Telford United Kingdom



Telford

The place where the British subsidiary of Exact Systems is based. It owes its name to Thomas Telford, an English engineer and architect who contributed to the construction of over 1600 kilometres of roads in Great Britain. In this lovely city in central England you will find plenty of delightful spots!



Ironbridge

Driving along the River Severn, you will get to an extraordinary place: a picturesque village with a 30-metre bridge included on the UNESCO World Heritage list. It is the first bridge in the world in which the span was entirely made of metal, and both the gorge and the nearby village took their names after the famous bridge. Telford along with its neighbourhood are the cradle of the industrial revolution in England, and the development of this industry was associated with the influx of people who settled on both sides of the Severn River. It was difficult and dangerous to cross the river from one bank to another with a river ferry and in 1779, King George III issued a permit to build a bridge over the Severn River;

only three years later, on New Year's Day it was open for the locals. At first glance, the 36.5m tall bridge may not seem spectacular. We know there are bridges that are taller, longer, bigger, higher above the water ... But it is worth remembering that without this **Ironbridge** built in the English village there would be no more bridges like that! We recommend a walk in this breath-taking area, especially in the golden hour when the whole gorge is bathed in the last moments of sunshine!

Exotic Zoo

The Exotic Zoo in Telford is a **great place to relax and ... learn**! Crocodiles, monkeys, meerkats, skunks, reptiles, amphibians, turtles, birds and huge spiders are only some of the animals living

in the zoo, where both children and adults will find a great deal of entertainment. Have you ever wondered what it is like to be an animal carer? Thanks to the special packages offered by the nature reserve you can see for yourself how to feed lemurs or play with monkeys www.exoticzoo.co.uk

Wrekin

The wooded ridge of The Wrekin hill rises west of Telford. It is a perfect place for people who like to spend time actively: climbing to the top at 407 meters is demanding, but fantastic views, beautiful surroundings and the charms of wild nature definitely reward the effort! The legend says that Wrekin was created when a tired giant named Cawr dropped the shovel on his way to Shrewsbury. In fine weather, you'll see 17 English counties from the top of the hill. I wonder if you know the names of them all

River Severn

Something that is definitely worth trying out in Telford is **rafting on the River Severn**. This unique experience will let you see Shropshire from a completely different perspective! You can join one of the guided tours offered by Shropshire Raft Tours Ltd. or rent a kayak or canoe. An idyllic journey in wonderful landscapes, beautiful nature, kingfishers, wagtails, swans and deer is something that will remain in your memory for years.

www.shropshirerafttours.co.uk

Telford Town Park

Would you like to take a break for sightseeing? Be sure to check out **Telford Town Park!** In addition to the quiet spots for a picnic and beautiful paths for walks there are plenty of attractions there: slides, rope park, fish ponds, sandboxes for children ... and **Wonderland** Telford! Be sure to take the path to the fairy tale world, look into magical huts, beware of dinosaurs in the valley and lose yourself in a crazy maze. www.telfordtownpark.co.uk

Blists Hill

Welcome to Victorian England! Blists Hill is an open-air museum built on the former industrial

complex in the Madeley area of Telford. Having entered through the gate, we are moving 100 years into the past and have the opportunity to check what life was like without a telly and a car. You can take a step into the Victorian store of basic necessities, exchange money at the bank, attend a candle -making show and visit the post office. This is just the beginning of an exceptional experience! www.ironbridge.org.uk

Rosehill House and Dale House

Telford became the cradle of the industrial revolution thanks to Abraham Darby who developed a method of replacing charcoal with coke, which significantly reduced production costs and allowed for a sharp increase in production and use of iron. In Telford, we can get to know not only the work of the Darby family, but also their daily lives by visiting the **Darby Family houses** - **Rosehill House and Dale House**. We recommend taking advantage of the opportunity to try on costumes from the era, they are surprisingly heavy! www.ironbridge.org.uk

Tar Tunnel

Tar Tunnel is an amazing, brick tunnel excavated in the hillside. Although, unfortunately, you can no longer go in the tunnel for safety reasons, you can still see what it looks like inside when looking through the entrance. It's very impressive! www.ironbridge.org.uk

Maws

Maws is a **centre of art, craft and design** located in the picturesque Ironbridge Gorge. Here you can have lessons in making candles, cards, drawing, enamelling or photography. A great place to learn something new!

www.mawscraftcentre.co.uk

Enginuity

A **science centre** offering entertainment for the whole family! Among the interactive exhibits, you will find a huge x-ray machine that allows you to x-ray various objects, a 10-ton locomotive, the first electric car and a mock-up of a river with dams. Book a few good hours to visit Enginuity! www.ironbridge.org.uk

TIPS FROM LOCALS

3 drinking and eating tips

The Half Moon Inn 174 Salthouse Road, Jackfield, +44 01952 884443

A cosy pub with a patio on the banks of the Severn River. Delicious English dishes at very reasonable prices and a perfect seasonal menu. www.halfmoonjackfield.com

The Liquor Lab Unit 4A, Southwater Square, +44 01952 872600

High quality drinks served in nice and welcoming interiors. Drinks are prepared with fresh ingredients by professional bartenders. A wide range of local beers is also available.

www.theliquorlab.co.uk

Crystal's Cupcakes Telford 56 Dawley High Street, +44 01952 324215

A café and a cupcake shop with absolutely crazy flavours: chocolate and cinnamon churro, roasted rhubarb or strawberry cheesecake. Yummy! www.bit.ly/crystalscupcakes

3 accommodation tips

The Half Moon Inn B&B 174 Salthouse Road, TF8 7LP www.halfmoonjackfield.com

Holiday Inn Telford Ironbridge St Quentin Gate, TF3 4EH www.hitelfordhotel.com

Ramada Telford Ironbridge Forgegate, Telford Town Centre, TF3 4NA www.ramadatelford.co.uk

3 tips from locals



Always keep loose change in your pocket in England, parking is always paid! Although parking machines offer the option of card payments, this does not always work.

Dan



English pubs are a great place to have something to eat. Remember, however, to check if the selected place serves food all day long or only at selected times. Otherwise, instead of a delicious fish and chips you will end up drinking tea or... a pint of beer.

Judyta



If you want to visit all the places of interest in Telford, buy the annual ticket! For about £30 you will get entry to 10 museums for the whole year and various discounts. It is worth ordering the annual passport online and enjoy an additional discount.

Karolina



leitora's Exact Systems Unecklist:
Climb on The Wrekin hill.
Take a selfie on the famous Ironbridge.
Have fish & chips at one of the pubs.
Listen to the birds singing on the Severn River.
Find out how candles in Blists Hill were made back in Victorian England.
Learn about the history of tile production at the Jackfield Museum.
Get to know the life of a seventeenth-century family at the Weston Park Estate.
Check the secrets of the Victorian Sunnycroft villa.
Make friends with the lemurs at Hoo Farm Animal Kingdom.
Feed the ducks in the pond at Apley Woods.



EVENTS

Telford Balloon & Kite Fiesta

In May the sky over Telford swarms with multi-coloured balloons and kites. Balloons take off from the city park and continue the sky show until the evening. Entry to the event is free of charge.

Targi Rzemiosła

Jewellery, knitwear, woodwork and glass work. The locals take part in fairs by offering unique, hand-made works for sale.

The RAF Cosford Air Show

Air show of the Royal Air Force is not only the sky-high spectacle of the best aircraft, but also exhibitions on the ground: Vintage Village, RAF Zone, RAF hangar showing practice training and STEM Hangars concentrating on the work of engineers and mechanics. Great entertainment for the whole family!

www.cosfordairshow.co.uk

USEFUL PHRASES:)

Good morning / Good afternoon / Good evening	Good morning! / Good afternoon! / Good evening!
Good bye	Good bye!
Thank you	Thank you!
Please	Please!
Excuse me	Excuse me!
Yes / No	Yes / No
How are you?	How are you?
Where is?	Where is?
How can I get to?	How can I get to?
Can you help me?	Can you help me?
Do you speak English?	Do you speak English?
I am sorry, I do not understand	I am sorry, I do not understand
How much is this?	How much is this?
Do you have available rooms?	Do you have avaliable rooms?
Is this table free?	Is this table is free?
I would like to order	I would like to order
May I have the bill, please.	May I have the bill, please.
The food was delicious	The food was delicious!
You look amazing!	You look amazing!
Nice to meet you	Nice to meet you!
My pleasure	My pleasure!
It is going to be a good day	It is going to be a good day!
I love you!	I love you!
A pint of beer, please	A pint of beer, please!



FUN FACTS

- 1. The British national drink is tea, mostly drunk with milk and sugar. In Great Britain, over 55 billion tea bags are consumed annually.
- 2. The permissible alcohol content in blood of a person driving a car is 0.8 per ml.
- 3. The English word "run" has as many as 645 meanings.
- 4. In Britain, Opel cars are produced under the name of Vauxhall.
- 5. The United Kingdom is the largest island in Europe.
- 6. National animals are a bulldog dog, lion, mute swan, mythical unicorn and dragon.
- 7. There traffic is on the left of the road in Great Britain.
- 8. Engines of Aston Martin cars, manufactured in Great Britain, are assembled by hand. Before releasing Aston Martin to the market over 400 quality control checks are carried out!
- For safety reasons, there are no sockets in British bathrooms, and the light comes on by pulling the string. The sinks with two taps with hot and cold water are also common.
- 10. The longest river in the UK is the River Severn flowing through Telford (354 km).





Blists Hill Darby Houses

About Exact Systems UK

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